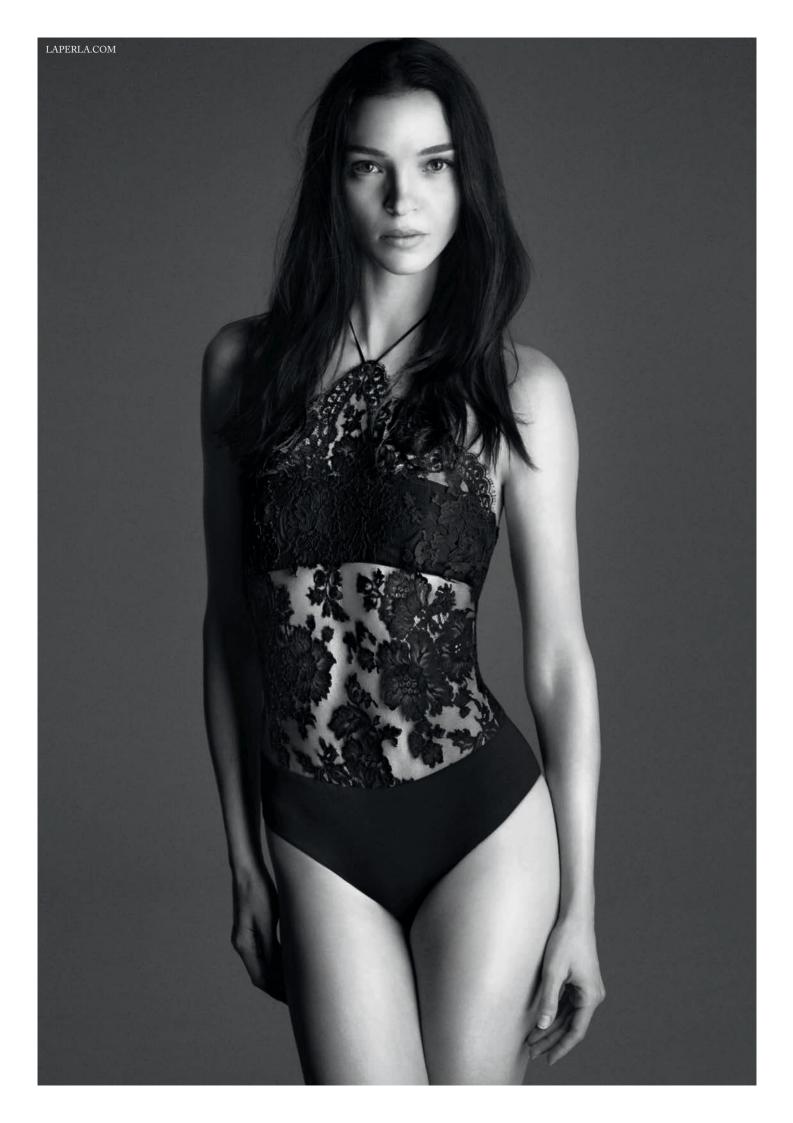
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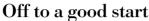
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## From the editor

don't think photography has anything remotely to do with the brain. It has to do with eye appeal," said fashion photographer Horst P. Horst, whose provocative Round the Clock I graces our cover this month. Ushering in a season filled with decadence and debauchery, allow this issue to fulfil every material urge – for which we will repent, and no doubt bore others with, come January.



Gabrielle Lane spots a man on the rise in Sam Claflin. As well as being tipped for super-stardom ahead of his leading role in the latest *Hunger Games* instalment (just ask your kids); he's also a new face of premium vodka brand Ciroc's On Arrival campaign, shot alongside other 'up-and-coming stars' by Mario Testino. "I never throw a party just because I've got a new job," says Claflin, who won't give us a "this one time" anecdote no matter how hard he's pushed. It's perhaps the least PR-able soundbite from a premium vodka ambassador since Giles Deacon (giving an interview on behalf of a rival brand) told me he "only likes the cheap stuff, mixed with Rolos". Instead, they talk taking advice from Johnny Depp and aiming for Oscars (p. 12).

As Taschen releases a new tome titled *Hollywood in the 30s*, with illustrations by the truly incredible Robert Nippoldt, Jack Watkins revisits the Golden Age of entertainment (p. 36). Following the launch of The Fancy Colour Diamond Index last week – showing that pinks, yellows and blues have increased in value by 167 per cent since January 2005 – Olivia Sharpe looks at the stones that have caught our imagination over the past few years (p. 22), while we try a few of our favourites on our pets (p. 26). Elsewhere, I look at the future of fashion film with Nicholas Kirkwood (p. 44) while Elizabeth Emanuel opens up about her latest and most investable venture to date (p. 54).

As for gifts, just look for the *Editor's Pick* stamp of approval. From glittering accessories and clutch bag essentials to those all-important table-top pleasers, you'll find everything you need for a December to remember. And then regret.



Kari Colmans Editor

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Horst P. Horst, Round the Clock I, New York, 1987
© the artist, courtesy of Beetles+Huxley
and Osborne Samuel

Agent Provocateur, p. 31

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## VANTAGE

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## INTRODUCING:

# SAM CLAFLIN

Ahead of the launch of *The Hunger Games: Mockingjay, Part 1, Gabrielle Lane* speaks to actor Sam Claflin as he is photographed by Mario Testino for a new campaign celebrating international acting talent

he email subject line 'rising star' pops up in my inbox a lot. My publishing director usually says "no", although sometimes she says, "who?" I once told her we had been offered an interview with an 'up-and-coming' actress, but with the caveat that it also ran in another local title. "At least more people would know who she was" came the reply. Quite. With this in mind, I'm hesitant to agree to these sorts of profile pieces: what makes a rising star a rising star?

The first thing I did was turn to social media. And somewhere between 29,000 Instagram followers sharing his pictures of a discarded tangerine skin (which had been torn to resemble a mini pumpkin), and fans' messages reading everything from "I loovvve you" (cue picture of him) to "I love your dog, she is so fluffy" (cue picture of dog), I decided to go for it. That and the fact that Claflin has been chosen by Ciroc vodka as the face of Ciroc on Arrival, a campaign shot by Mario Testino that captures actors on the brink of worldwide fame. Following appearances in *Pirates of the Caribbean: On Stranger Tides* and *Snow White and the Huntsman*, by the end of this year Claflin will have been seen in *The Riot Club*, *The Hunger Games: Mockingjay, Part 1*, which will be released imminently, and as the lead in new romcom *Love, Rosie*. But starting with social media research is much more entertaining. •

On the morning we meet (later than expected, because his interviews with *Vogue* et al overran) Claflin is sat with not one but two PRs at his agency HQ – a subtle sign that he is being groomed for big things, lest he reveal some kind of habit/fetish/lovechild in the process of ascension. Asked about working with Testino, he tells me he's done so before. "I have been blessed enough to have worked with him on a Burberry campaign. To have an opportunity to revisit that relationship was a dream come true. I feel hugely privileged. He makes you feel very comfortable and free. I am not usually someone who enjoys having their photograph taken," he beams. So far, so PR-happy.

How has he celebrated his success so far? "For me it's all about quiet nights in with my friends and family," he replies. "They are the people that have got me here. I never throw a party just because I've got a new job."

What about on set? "The wrap of every project is different and difficult – everyone goes their own separate ways again immediately. The only time I felt like we all celebrated was when we finished *The Riot Club*. So often, so many actors finish filming three weeks before everyone else and have gone home – to celebrate with your peers is sometimes a difficult thing to do."

## "I try and share my experiences with my friends and family"

Perhaps the least promotional soundbite from an ambassador for a premium vodka since fashion designer Giles Deacon (taken on by a rival company) told my editor he "only likes the cheap stuff, mixed with Rolos", it turns out Claflin is honouring advice he received from former co-star Johnny Depp to stay grounded.

"I once invited my parents to come and see the *Pirates* set at Pinewood Studios and they spent the lunch break wandering around," he explains. "Johnny introduced himself to my Dad – who said 'wow' and 'have you got any advice for my son?' Johnny replied: 'Never forget where you came from, never forget the people who got you where you are and stay grounded.' With my parents hearing that advice too, they wouldn't let me get [arrogant]. I try and share my experiences with my friends and family and I'm still in touch with my old drama teacher."

It was in LA, two or three years ago, that he sensed his career was starting to take off. "My agent had invited me to a party – Brad Pitt was over there and Sean Penn over here, chatting to Robert Downey Jr. But then I realised I was on my own and had no one to talk to. When I tell my friends, they say 'that didn't happen' and I think, 'maybe it didn't'," he laughs.

Asked why it's him rubbing shoulders with Johnny Depp and Brad Pitt, ahead of other drama school hopefuls, he pauses. "I don't know, I can't pinpoint why. I sat on the audition panel at LAMDA when I was in my third year and I'd pick out people I thought were good and [the others] would say 'no'. I can't tell you for sure











but I think... there's an enthusiasm, a determination, I think good looks – I'm not saying I'm good looking but I think they can get you far in this industry!"

Obviously, Claflin is good looking in a messy, English schoolboy kind of way. He trained for five hours a day to get into shape for his Hunger Games role as a former champion of the dark and physical fantasy world, and plays the male lead opposite Lily Collins in Love, Rosie, which reflects the missed opportunities of a will-they-won't-they friendship: it would be easy for the 29-year-old to be cast as the loveable rogue for a while longer at least. "What I'm trying to do is prove I'm not a one-trick pony'," he explains. "I've been lucky and I don't think I've been put in a box so far. No matter what the genre is you can play the same part in different films and still make sure they are contrasting characters. For me, doing a romantic comedy is actually my favourite genre,. Love, Rosie is the first film where I was able to keep my own haircut and accent."

Pushed to talk about what he wouldn't want in his career (he initially says he's "happy to try anything") he admits: "I am trying to get away from the fantastical, sci-fi world: Pirates of the Caribbean, The Hunger Games and Snow White and the Huntsman were all big productions, with lots of CGI. It's been hugely enjoyable but over the past few years it's been a big part of my life and more realistic, nitty-gritty stuff appeals to me now."If previous form is anything to go by, the opportunity will surely come his way. "The thing about being an actor is that you can never be the " he says. "Everyone has a different opinion about who the best actor is. Even if you've won your first Oscar, it doesn't mean you've 'arrived'. Daniel Day-Lewis has won three. It makes me want to work harder. I hope that my career continues on the trajectory that it's been on for the last three years. Having the opportunity to work with Mario and Ciroc on a campaign to celebrate people that are having a moment is a dream. Long may it continue."

When I catch up with Testino a week later, it's clear the shoot has taken a great deal of preparation time, but that it's been mutually enjoyable. "This campaign will take us around the world to five different destinations – London, Ibiza, South Africa, Austria and Rio de Janeiro – to search for rising stars and create a campaign about celebration, inspired by the work of photographer Slim Aarons [who is famous for shooting socialites at parties]; what's not to love?!" he jokes.

"You know, everyone is different when they come to a shoot, some people are very experienced in front of the camera and others need more guidance and encouragement. Working with Sam Claflin was great, he was very professional but relaxed and open to ideas. We created a fun atmosphere on set, and I think you see that in the pictures."

Sam Claflin is a face of Ciroc: On Arrival *The Hunger Games: Mockingjay, Part 1* is out now





www.lilouetloic.com



# WATCHNEWS

#### BIRD SONG

Being able to call on 276 years of watchmaking history, it's perhaps no surprise that today Jaquet Droz makes some of the most beautiful timepieces in the world. Its Bird Repeater Open Work is a case in point. On its dial, the remarkable minute repeater features two blue tits feeding their fledglings. As the watch chimes the time, the birds spread their wings, a waterfall tumbles and an egg is hatched. More works of art than mere wristwatches, only eight of the 508-component-comprising creations will be made.

Bird Repeater Open Work, POA, Jaquet Droz jaquet-droz.com



#### **CUTTING EDGE**

Allun Michaels, store manager at Fraser Hart in Brent Cross, selects his watch of the month:

"My choice of watch for December is this Rolex. At 41mm, the Datejust 11 is the largest of the Datejust family and comes on the iconic oyster bracelet. It is very versatile, looking equally good with a suit or jeans; the ideal Christmas present. The watch ranges from £4,800 to £9,100 and is available in-store"

Fraser Hart, Brent Cross, 020 8732 8459 BrentCross@fraserhart.co.uk @FHBrentCross

# TASTE FOR TITANIUM

Richard Mille timepieces may have become status symbols for the super-rich but behind the glamour is a brand dedicated to producing some of the planet's most high-tech wristwatches. The brand's most recent invention, the athletic-looking RM 33-01 Automatic, sports Mille's new skeletonised RMXP3 caliber, which comprises an off-centre platinum micro rotor. The tripartite case, with a diameter of 45.70mm and a thickness of 9.20mm, is mounted on a rubber strap secured with a folding clasp in grade 5 titanium. Water-resistant to 30m, the watch will be available from next year in titanium, red gold or white gold.

RM 33-01 Automatic POA, Richard Mille, richardmille.com

#### GOING FOR GOLD

Parmigiani Fleurier has unveiled a red gold version of its Bugatti Super Sport. The watch will feature the Calibre Parmigiani 372, a movement designed along two planes, which has a power reserve of 10 days. Manufacturing every component of its watches itself, Parmigiani only employs external companies for rubies, sapphire crystals and leather straps, which it gets from Hermès. Only 30 of this Bugatti Super Sport will be made. Prepare to part with £185,000 (before tax) if you want one.

#### parmigiani.ch



EDITOR'S

## Swiss movement, English heart



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# JEWELLERYNEWS



#### LA VIE BOHÈME

Proving that it's moved on so much from the days when it was known chiefly as a luxury pen brand, Montblanc has released its latest jewellery collection, Bohème. The understated and refined jewellery range remains very much in keeping with the brand's aesthetic and features classic silver and gold pieces that have been created for a sophisticated, discerning woman. It includes a beautiful gold bangle in pink gold with diamond pavé and a pair of silver hoop earrings with white sparkling lacquer.

Bohème jewellery collection Available in Montblanc boutiques montblanc.com



Marco Bicego has become well-known for his natural approach to designing jewellery, hand-making each of his pieces in 18-karat gold. The designer has chosen to return to his roots and pay homage to nature in a new collection called Lunaria, inspired by the beautiful Lunaria Annua flower. Comprising necklaces, rings, bracelets and cuffs, each piece features irregular, disc-shaped pods to represent the flower's seedpods and have been hand-crafted using the signature Bullino technique: a special tool gives all of the brand's pieces their unique fine brushed texture.

Lunaria collection, prices from £1,000 **Exclusive to Harvey Nichols** harveynichols.com

#### **CUTTING EDGE**

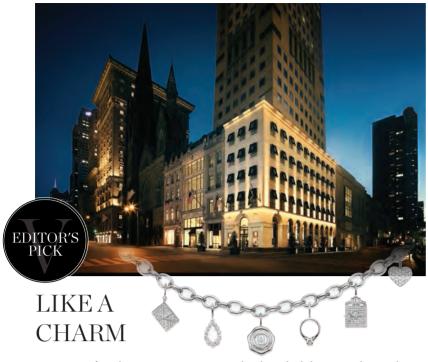
beetlesandhuxley.com

Renowned designer Zaha Hadid recently collaborated with jewellery house Azid and Walid Mouzannar on a unique design; this Petal Cuff was hand-crafted using 18-karat white gold and is set with 1.048 white diamonds.

"Our collaboration takes full advantage of Alia's expertise and Dori's knowledge {the designers} to explore the beauty of natural forms...Alia's work celebrates materiality and composition in the rich history and traditions of Lebanon's jewellers..."

- Zaha Hadid





Just in time for Christmas, Harry Winston has launched three new diamond charms, each of which pays tribute to a signature motif of the jewellery house. The Fifth Avenue Vault charm takes inspiration from the iconic flagship store by featuring a vault door which reveals a hidden surface; this can be engraved with a personal message. Similarly, the Diamond Gates Heart charm reinterprets the New York flagship with round brilliant and baguette-cut diamonds while the Diamond Cluster Heart charm captures the timeless beauty of this enduring design with rows of exquisite brilliant and pear-shaped diamonds.

harrywinston.com

# TRUE CHROMANCE There's no doubting Solange Azagury-

Partridge's passion for colour and her latest collection, Chromance, is a true testament to this love affair. The kaleidoscopic line includes the Chlorophyll necklace in an intense emerald green and the Spectrum earrings which can be transformed into a necklace for a miraculous day to evening metamorphosis.





#### BEST SHOT

In a move towards bringing a more contemporary edge to the heritage brand, William & Son has collaborated with award-winning jewellery designer Sarah Ho on a range of cocktail rings. Each of the four pieces (£4,800) draws upon Ho's signature style as well as her own unique take on the William & Son's shotgun engraving, creating a perfect blend of old and new. Commenting on the collaboration, head of jewellery at William & Son Clémence Mérat said: "Our stories and history are so similar yet so different; working together came very naturally." With their modern design, they're the perfect night-time accessory.

williamandson.com



## with *Vogue* jewellery editor Carol Woolton

Carol Woolton's new book, Floral Jewels, explores how the flower has been a source of inspiration for the world's leading fine jewellery designers throughout the ages

- Q: Which jewellery house do you think has captured the flower most accurately?
- A: Flowers are subject to trends like anything else and I believe there are certain designers who have captured their period. Tiffany's enamel orchid, for instance, encapsulated the era of the Golden Age in New York and the wealthy industrialists who were vying to have the most exotic hot house. Dior has created a whole collection of flowers for a new generation; they're bold, exotic, poisonous, lacquered and vibrant.
- Q: What was the biggest revelation you found when going through the jewellery archives?
- A: It's extraordinary when you get to see how scraps of drawings transform into these beautiful three-dimensional objects. The Cartier archive is astonishing; I was privileged enough to see some of the original botanical books that its designers worked from in the 19th century.
- Q: If you had to base a collection around a flower, which one would you choose?
- A: I love the hydrangea because it maintains its structure. Most flowers lose their petals and fall apart as they wilt, whereas the hydrangea, even when it's dying, is still rather beautiful.
- Q: You have said in the past that often people don't realise the importance of jewellery; do you think this is changing?
- A: I think the jewellery industry has completely changed in the last 15 years. Fashion brands which now incorporate jewellery into collections have propelled people towards becoming more adventurous and, in turn, designers too. The industry is more daring, adventurous and fun.

Floral Jewels: From the World's Leading Designers, by Carol Woolton Published by Prestel, prestel.com





Olivia Sharpe looks at the coloured diamonds that have caught our imagination this year and yesteryear, and highlights how demand has reached new heights

t this year's Baselworld, Graff unveiled the Hallucination watch. An overnight sensation, its defining feature was not, as one would expect, its complicated Swiss movement, nor its astronomical \$55 million price tag, but its phantasmagoria of more than 110 carats of exceptionally rare fancy coloured diamonds. The house's chairman Laurence Graff OBE spent more than two years "scouring the world" in order to procure the stones. For him, the piece represented "the miracle of coloured diamonds" while for us, it revealed that these precious jewels are clearly having a moment.

Graff is not the only jeweller to be making headlines. Harry Winston broke records this year for its acquisition of the Winston Blue. Purchased at Christie's Geneva auction for approximately \$24 million, the 13.22-carat, flawless, Fancy Vivid blue diamond is considered to be the largest of its kind. This managed

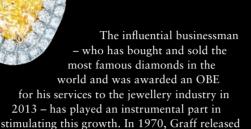
to trump Laurence Graff's earlier purchase of a 100.09 carat Fancy Vivid yellow cushion modified brilliant diamond for \$16.3 million, a world record for this jewel. And yet, the 'king of diamonds' still holds the title of having paid the highest price for any gem or jewel when he bought the Graff Pink at Sotheby's

Geneva auction for a phenomenal \$46.2 million in 2010.

Sales figures show how the value of fancy coloured diamonds has risen dramatically over the past few decades and their demand is now unprecedented, as highlighted by the increased offering

of pink, yellow and blue diamonds and the swelling body of consumers willing to pay the hefty prices. Head of jewellery at Christie's London Keith Penton comments: "Across the board we have seen an increased appetite in the first half of the year for fancy coloured diamonds of the most vivid hues." This consequently triggered the launch of The Fancy Colour Diamond Foundation at the end of this year, a new research body that monitors the economic value and ethics of the fancy colour diamond industry for both consumers and traders. It also includes a price trend index to measure the incremental value of fancy colour diamonds.

While coloured diamonds have always been sought after, it wasn't until the 1980s that the market really began to open up, says Laurence Graff. "In the 1980s and in the past five to 10 years, the growth has accelerated as more people have become aware of their extreme rarity," he explains. "Increased demand has been coupled with a scarcity of exceptional examples coming onto the market."



its now iconic 'Hair & Jewel' campaign featuring a model wearing a million dollars' worth of diamond jewels in her hair. The ostentatious image proved ground-breaking and in turn, illustrated how the

jeweller was one step ahead of the game when it came to predicting the current trend for coloured diamonds. In the 1980s, when the very first pink diamonds were discovered at the Argyle Mine in Western Australia, Graff purchased the entire tender and set them into a flower brooch which was then sold to the Sultan of Brunei just hours after it was made. The following decade, the house secured a supply of exquisite yellow diamonds – these have since become its

signature stone.

So why now has the demand for coloured diamonds reached an all-time high? For Laurence Graff, the answer lies in rarity, an argument that is widely

shared by the rest of the industry. "In my experience, quality and rarity are the two factors that most influence collectors," says Keith Penton. "Compared to other categories, jewellery has the added advantage of being a highly portable asset. Over the last few seasons records have continually been broken as competition reaches new heights for the most exceptional items." According to David Bennett, chairman of Sotheby's international jewellery division in Europe and the Middle East, the last decade has witnessed large incremental gains in the coloured diamond market due to small supply and increasing demand, and the last three to four years have seen very strong growth for big diamonds of the highest quality, in particular. He notes that globalisation in the last 10 years has transformed the market, with

collectors from 70 countries bidding in Sotheby's jewellery auctions worldwide in 2013 and a total of 30 countries represented in the Geneva May 2014 sale. Roughly a third of the auction house's buyers come from North America, Europe and Asia, with "new buyers making up 24 per cent of the total in

2013, with strong new participation from Asia".

While red diamonds are the rarest in the coloured diamond family, pink diamonds are also reputably scarce. The only significant known source is the Argyle Diamond Mine, which is owned by Rio Tinto and produces more than 90 per cent of the world's supply. Due to their rarity (they are the only coloured diamonds whereby the colour is not the result of an impurity but of extreme

pressure beneath the earth's surface), investors are urgently stocking up their supplies before resources are depleted. Calleija is the only Argyle pink diamond atelier in the UK and one of the jeweller's latest treasures

is an unusual but no doubt exquisite Argyle Tender 1.13-carat FIPP heart-shaped pink diamond.

At this year's Basel, experts noted how, despite traditional shapes including round brilliants and emerald cuts remaining popular, judging by some of the jewels on display at the trade show, there had clearly been a surge in demand for fancy

shapes (*Baselworld Daily News*, 31 March 2014).

"The growth has accelerated

as more people are aware of

their extreme rarity"

- Laurence Graff

The fascination with coloured diamonds has trickled down into the rest of the industry, with jewellers constantly interpreting these stones in new and exciting ways. Along with Calleija, •

Opposite: Pendant with a Fancy Intense yellow diamond, 2013 Blue Book Collection, POA, Tiffany & Co.; Ny earrings, POA, Boodle This page, clockwise from top left: Soleste earrings with yellow and white diamonds, POA, Tiffany & Co.; Aurora necklace, POA, Boodles; Pink diamond ring, POA, Tiffany & Co. The 'Winston Blue' Fancy Vivid blue diamond, Harry Winston; Lot 51 2014 Argyle Tender 1.13-carats FIPP Heart Shape, POA, Calleija





the likes of Heidi Klum and Adele having famously sported yellow diamond engagement rings. Graff is famous for being the supplier of the largest and rarest Natural yellow diamonds and it demonstrated this at Baselworld 2014 when it unveiled a spectacular yellow and white diamond Fringe necklace. Having taken inspiration from childhood memories of her father Andre (a well-known figure in the diamond trade) playing with precious gems, Valerie Messika has reimagined her Move bangle – originally designed in white diamonds – with three sliding yellow diamonds representing the "love of yesterday, today and tomorrow". The limited edition set of 10 will be available exclusively at Harrods from December.

With the industry currently saturated with coloured diamonds, buyers are being drawn to unconventional hues. Hall 3 at Basel was awash with different coloured jewels, from a 2.02 carat green oval at A.A. Rachminov Diamonds to an array of fancy brown diamonds at Aditya Gems. Oranges, too, proved very popular and Boodles' Jody Wainwright confides that he was recently on the hunt for a 3-carat vivid orange but has only discovered two stones.

However, the diamond expert advocates that fine pinks and blues still make for the best investments, not to mention reds which "are at the top of the tree". In Tiffany & Co.'s 2013 Blue Book collection, the jeweller presented a rare brilliant Fancy Vivid green diamond ring, along with traditional coloured diamonds.

While trends in terms of shape and colour will no doubt evolve, there is one thing that experts are certain will remain constant; the high demand for top quality fancy coloured diamonds. With Christie's having achieved \$154m for its Geneva auction on 14 May – the highest total ever achieved for a jewellery sale – Keith Penton believes that there "seems to be no slowing down in demand for the best of the best as we commence the second half of the season".

Clockwise from left: Recreation of 1970 'Hair & Jewel' image featuring 22 jewels worth half-abillion dollars, Graff; tvy necklace, POA, Boodles; Fancy Vivid green diamond ring, POA, Tiffany & Co; Move bangle with yellow diamonds, £14,800, Messika, exclusive to Harrods; Hallucination watch, Graff Diamonds; Butterfly ring from the Butterfly and Palm collection, POA, David Morris

# PEDIGREE GELVIS

Accessories for life, not just for Christmas

PHOTOGRAPHY / JON ATTENBOROUGHSTYLIST / RACHEL GOLD





Esther wears rose-cut diamond choker with white diamond micro-set surrounds, POA, David Morris, davidmorris.com



Balto wears pink sapphire, pink diamond and white gold mushroom pendant, POA, Shawish, shawish.ch/london







WWW.MAISON-OBJET.COM







# LOCAL UPDATE



#### GREAT MINDS

Influence and Interplay tells the tale of what happened when seven artists who had never met before spent a year exploring and exchanging creative techniques. Culminating in a display at Burgh House, it mixes prints, paintings, textiles, video and sculpture to reveal the professional development of the artists during their time spent at the Mary Ward Centre, a higher education college in Bloomsbury. The work pictured, named Collaborate, was created by all seven artists.

3-7 December, New End Square, NW3





#### DOCTOR'S ORDERS

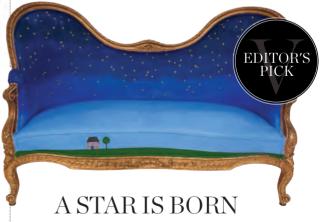
Should you not have been quick enough to catch it the first time, Hampstead Theatre's sell-out production *Tiger Country* is returning this month. Exploring what lies beyond the corridors of a busy NHS hospital, award-winning director and playwright Nina Raine shows a place where professionals work under extreme pressure. The drama magnifies the tensions of a service at the heart of the nation's psyche, as well as the personal and professional struggles of the individuals that keep it running.

8 December - 17 January, Eton Avenue, NW3

#### DIFFERENT STROKES

Nearly 70 years after its birth the Hampstead School of Art continues to echo the ethos of its founders: art for everyone. While still encouraging enthusiasts from a range of backgrounds, the school has launched its first professional art gallery. Painter Alan Gouk, whose work you will find in the Tate, will be exhibiting his new small paintings until 6 December when the gallery will showcase work from BP Portrait Award finalist Desmond Healy.

Kidderpore Avenue, NW3



For four days, contemporary art gallery Imitate Modern will present *And The Stars Shine Down*, a pop-up exhibition by artist and author Stasha. Find a home for *The Unseatbale Sofa* (pictured) with its rich colours and bursts of energy, to raise money for the Make-A-Wish Foundation.

4-7 December, 27A Devonshire Street, W1G



#### STREET LIFE

In the build up to Christmas, Marylebone's Chiltern Street will challenge the idea that a night at home, out of the cold, is more attractive than late-night shopping. Listen to London GIG musician Tyler Rix perform live throughout the evening as you enjoy festive temptations such as free whisky tasting at Cadenheads, mulled wine at Hardy's Brasserie and Prosseco in the street's various fashion and beauty boutiques. ATLAS Gallery will launch new fashion brand HOMESPUN Cashmere, while the famous Chiltern Firehouse will be opening its terrace to serve celebratory drinks - it sounds like Christmas has come early.

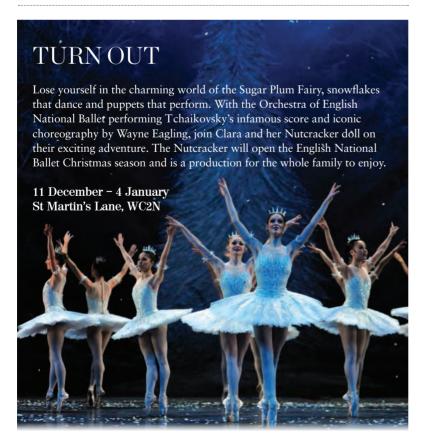
> 27 November Chiltern Street, W1U

#### DO YOU WANNA BUILD A SNOWMAN?

Whether your are frantically working through your gift list or searching for the perfect party outfit, Selfridges is offering customers a helping hand with the return of the 'Elfridges'. When you need a break from shopping, relax in the new store cinema, which will be featuring sing-a-long versions of *Frozen* and *It's a Wonderful Life*. The store will also host Storystock, the travelling literary circus, which will bring characters such as Peter Pan and The Mad Hatter to life.

400 Oxford Street, W1A







#### with *The Fall* actress

#### Valene Kane

As psychological thriller *The Fall* (which examines the lives of a serial killer and a detective) returns to BBC Two for a second series, Valene Kane, who plays victim Rose Stagg, talks to Louise Rose



- Q: Why does the show have such a cult following? A: I think it's a really interesting concept in terms of serial killer dramas, in that the audience finds the killer so attractive, so normal. In addition, you have this amazing, sexually powerful policewoman, played by Gillian Anderson. It makes it into this game of cat and mouse, where we don't know which is which. I think that absolutely pulled people in from the start. I think women in particular were drawn to all the complex female roles.
- Q: What can we expect from the next series?
  A: Haha. You'll have to wait and see! I love the way it starts off quite slowly in the first episode but then things suddenly start moving very quickly. The things that Paul Spector (played by Jamie Dornan) does are just so amazingly brazen and bold. Putting himself in such danger and enjoying it, but also being tested as well. I think people will really enjoy it.
- Q: Do you think British TV has come a long way in the past decade?
- A: Absolutely. I don't remember really enjoying anything on TV when I was growing up. It was always American comedy and drama. I think *Skins* was the first cool and edgy thing to come onto our screens and then I think *Misfits* topped that. *Glue* is the new youth drama, I suppose, and it's excellent.
- Q: What are some of your favourites?
- A: I really like *Peaky Blinders*. Its very rock 'n' roll and all the actors in it are on the money. The *Honourable Woman* was amazing and I loved *The Line of Duty*; Keeley Hawes blew me away.
- Q: Who are you screen idols?
- A: Katharine Hepburn. Bette Davis, Julianne Moore and Susan Sarandon are my favourites. I also love Anna Karina and all stars from the Godard movies.
- Q: Who would you still love to work with?
  A: I really love Domhnall Gleeson. I love lots of Irish actors and want to work with Susan Lynch and Michael Fassbender. And I would love to work with directors Lenny Abrahamson, Rufus Norris (*Broken* was a very special film) and David Fincher is pretty pitch perfect.

The Fall will air Thursdays at 9pm on BBC Two

# - THE -PRODUCERS

Daniella Isaacs meets the two courageous women responsible for bringing the groundbreaking new musical The Scottsboro Boys to the West End stage

ILLUSTRATION / AMY WELCH

your learned beliefs"

olitics and theatre connect in wondrous ways. On 21 November this year, during the curtain call of the Kander and Ebb musical *The Scottsboro Boys* at the Young Vic theatre, actor Colman Domingo delivered the news that that afternoon, the Alabama parole board granted posthumous pardons to the final three members of the Scottsboro Boys. It took 82 years for justice to be served. Most shockingly of all, it was clear that the majority of the audience had not heard about this vital piece of history before watching the drama unfold on stage that evening.

The story of the Scottsboro Boys seems to have been overlooked by the Western education system, but these nine boys played an indicative role in changing the civil rights of black

people across the world.
On a cold March morning in 1931, nine African-American youths boarded a freight train. Just like thousands of other young

men and women during the Great Depression, they were looking for work. Little did they know that their journey from Chattanooga to Memphis would alter the course of history.

A group of young white men and women got onboard the train and began antagonising the group. A fight soon erupted, the police were called and were instructed to capture any "coloured" youths they could find; nine young men were subsequently detained in Scottsboro prison, wrongfully charged with the rape of two white women. Eight were sentenced to death and they soon became known as the Scottsboro Boys. Due to a racist judicial system and a tragic miscarriage of justice, they were all convicted. Nine innocent lives were destroyed

And now Catherine Schreiber and Paula Marie

Black are the two producers responsible for bringing the story to one of the most celebrated theatres in the capital right now.

When Schreiber met with another producer to get her own script *Desperate Writers* produced off-Broadway, she was given *The Scottsboro Boys* script to read. "That was a Friday. The following Wednesday, I flew to Minneapolis to see *The Scottsboro Boys* at a small theatre there. I was blown away. I knew I had to do it. I needed to make sure the story was not forgotten. I had never heard about the story before I went to see the production, which is a sad testament to what is deleted from the American education [system]."

Similarly, Black (whose previous hits include Twelfth

Night and Richard III as well as the current hit Made In Dagenham) felt a responsibility to get the story of the brave young men heard. Her father was brought up in America's

Deep South and his family owned a plantation. "I would go and see my family in the South and of course, I came across segregation; I heard the 'N' word dropped into casual conversations. It wasn't a part of my own upbringing but I saw it and it was shocking." Like Schreiber, Black believes that "change can only be made through education. For me that is a big part of what theatre does. It calls for you to be present and causes you to examine and challenge your learned beliefs."

When the production first opened on Broadway, it faced some resistance, as many felt that the all-white creative team did not have the 'right' to tell one of the most important stories in the history of the civil rights movement. Black explains that this resistance adds credence to segregation in the first place. "I don't look at you and think you're white. I'm colour blind. I think

"It calls for you to be present and to examine and challenge"

Night and Richar as well as the cur.
Made In Dagenh, a responsibility to

that the people who came on board were drawn to the show, they were the best and most incredible people to bring this production to the stage."

Being Jewish, Schreiber also had a personal connection to the project. It was the Jewish lawyer Samuel Leibowitz who dedicated four years of his life to representing the young men and vowed to "fight to hell and back" to give the boys justice. Schreiber explains: "Leibowitz was a hero in the community when my mum was growing up. It was actually the Jewish and communist people who helped keep the boys alive. He also risked his life." When Leibowitz's children visited him during the years of the trials, they were surrounded by the KKK and faced death threats.

Schreiber is passionate that only through shows such as these, will audiences have an opportunity to alter their opinions on racism. "I overheard one of the actors talking about how he was in the tube station and he overheard a little kid use the 'N' word. That's not the kid's fault, that's the parents' fault. Kids don't see colour, so it is learned behaviour. Black agrees: "It is learned by societal conditions, poverty, lots of different things. We have got to change that and educate, so I hope that this show enables people of all ages to be educated because

racism and injustice is prevalent, not just in the Deep South, but everywhere."

Sharing more than 10 Tony award nominations between them, both Black and Schreiber know what it takes to spearhead a successful production. But the glamour of the "luvvie" world is not one that motivates them: "I don't do this for my ego, my IMDB page or Tonys," Black continues. "They are all wonderful accolades but the sole reason I do this is to give a voice to those who do not have a platform to be heard."

Clearly the industry's old ways are changing. With *The Scottsboro Boys* receiving stellar reviews across the press (it is really one of the best productions you'll see this year), there is no doubt an increasing hunger for commercial theatre to not just deliver glitzy, escapist musicals, but also to transform, challenge and educate. While producers making work on the West End are often seen as being members of an 'old boys' club', with Schreiber and Black on the case, there is little doubt that these formidable women are changing perceptions in more ways than one.

Until 21 February scottsboromusicallondon.com





### MADEIN HOLLYWOOD

As Taschen releases *Hollywood in the 30s, Jack Watkins* revisits the Golden Age of entertainment

"Gimme a visky, ginger ale on

the side, and don't be stingy,

baby" was what she said, in a

voice deep and strong

uestion: which was the best decade for Hollywood films? Answer: There isn't one. Each has its own claims, from the 1940s era of film noir, to the 1950s with its musicals, and onto the movie brat period of Martin Scorsese and Francis Ford Coppola in the 1970s. But when people say "they don't make them like that anymore" they are usually referring to the movies of the 1930s. This

was the Golden Age, as Taschen's appropriately stylish new book on the subject asserts. "When silent films became talking pictures, stars got even more glamorous, directors more

megalomaniac, and politicians and the mob hankered after just one piece of the dazzling action."

There was more than a touch of knowingness in the shaping of this "Tinseltown" image, of course, which is why in later years stars and directors rebounded so heavily against all the fluff and manipulation. There was only so much artificiality a truly creative person could take. Too often Hollywood overdid the mush and sentimentality, and the continual focus on the bottom line was crushing. But for the

1930s, at least, the studio system worked. No decade since has ever had bigger stars, or bigger films.

We all have our favourites, so let's recall a few. This was the time of Jean Harlow, Marlene Dietrich, Clara Bow – though in truth the It girl really belonged to the previous decade, and 1930 would be her last good year before she withdrew into depression and reclusiveness.

No star excited more frenzied speculation than

Greta Garbo. Before talking pictures came in, fans couldn't imagine what the Swedish actress's voice would be like. The mysterious Scandinavian had been teamed with matinee idol John Gilbert, with

whom she was romantically linked in real life. But whereas Gilbert's career would fade with the onset of sound, Garbo's continued to soar.

"Garbo speaks!" shouted the advertisement hoardings when she finally did in *Anna Christie*, in 1930. "Gimme a visky, ginger ale on the side, and don't be stingy baby" was what she said, in a voice deep and strong, and everyone took a deep breath and sat back in their seats, relieved that the mystery was still intact and that she didn't squeak like Mickey Mouse. 

•



Opposite, from top: Alone No More – Greta Garbo in Grand Hotel; The Beauty of Silence – Charlie Chaplin in City Lights From top: As an Actor You Must Mean Everything You Say! The Top-Dancing Gangster James Cagney; The Beauty amid the Works of Art – Marlene Dietrich in Morocco All images under copyright of Robert Nippoldt / TASCHEN

was seen without an undershirt, it sent sales of vests plummeting. Flynn in the title role in *The Adventures* of Robin Hood (1938), as well as in a slew of other actioners, set the template for swashbuckling heroes for decades to come. As for more articulate types, there were James Stewart and Cary Grant, the latter sparring memorably with Katharine Hepburn in *Bringing Up Baby* in 1938.

The 1930s also taught us that style wasn't always just about good looks. Fred Astaire had a face like a rabbit in an advanced state of myxomatosis, but no-one has ever moved or looked better in tails. Charles Laughton, rolling his eyes unforgettably, was completely the wrong shape for leading parts, but few were more popular in the 1930s. Pre-dating the film noir, the gangster movies made stars of tough guys like James Cagney, George Raft and Edward G Robinson.

It was also a Golden Age of comedy, from Charlie Chaplin and Laurel and Hardy, to the anarchist Marx Brothers and the world-hating WC Fields. Mae West – "Goodness had nothing to do with it, dearie" – tested the censorship limitations of the time. Her *Belle of the Nineties* had to be recut in 1934, after pressure from the Catholic Legion of Decency. And no recollection of these times would be complete without mention of Busby Berkeley's musicals and his kaleidoscopic dancing girls.



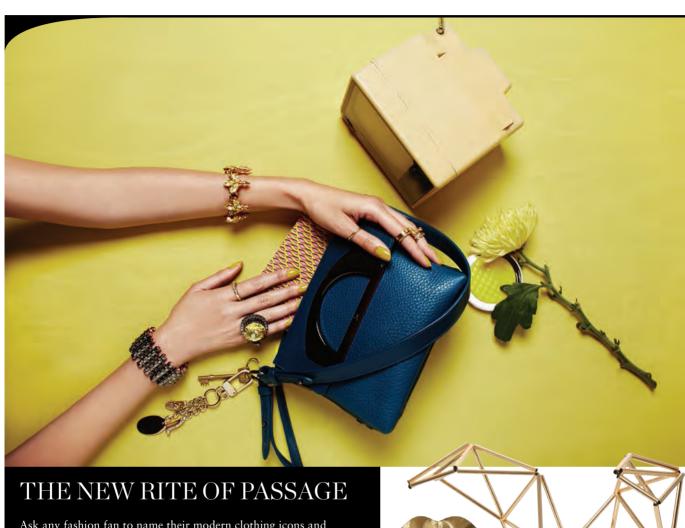
Hollywood in the 30s features artist Robert Nippoldt's beautifully realised images, painstakingly created in his studio in Münster, alongside film critic Daniel Kothenschulte's text, and its publication has already been met with a tranche of design and book awards in Germany. While today the world of celebrity emanates both glamour and melancholy, much like it did in the first years of the moving image, nostalgia will continue to draw people's fascination with the allure of a seemingly bygone era. Indeed, it was Marilyn Monroe, one of the most famous screen idols of all time who said: "Beauty and femininity are ageless and can't be contrived, and glamour, although the manufacturers won't like this, cannot be manufactured."







### STYLE UPDATE



Ask any fashion fan to name their modern clothing icons and Christian Louboutin stilettos, with their scarlet sole, are likely to feature. Yet, AW14 sees a big push to promote the brand's handbags (the man himself has just produced a tote for the Louis Vuitton 'Celebrating Monogram' collection). The Passage bag can be worn in one of two ways, owing to its detachable shoulder strap and a fold-over handle, and comes in three sizes. What's more exciting, however, is its ever-expanding list of colours – deep violet, vibrant red, teal and leopard print are the newest options.

From £1,165, christianlouboutin.com

### FANTASY WORLD

Curating gifts based on this year's festive theme for Selfridges must have been the best job in the world. With a starting point of 'story-telling, treasure and gold' we heard whispers in July about Sophia Webster's gleaming Angel Wings shoes, and a pair of sculptural bunny ears by WXYZ. Now we've glimpsed lace slips and golden gowns fit for princesses, contributed by the likes of Antonio Berardi, who has unveiled a limited-edition shimmering column dress.

Shoes, £395, bunny ears, £130 and gown, £1,470 400 Oxford Street, W1 selfridges.com

### FOR THE CITIES OF THE WORLD

The Emilio Pucci boutique in London (as well as its online store) has just taken delivery of the brand's vivid Cities of the World scarf collection. Intended as a gift for the welltravelled and based on the colourful Battistero scarf which Marquise Emilio Pucci created to honour Florence in 1957, each of the six silk scarves feature

O PUCCI an illustration of street life in New York, Hong Kong, Paris, Rome, Shanghai

or Florence. A collector's set including all six designs is also available. £285 each or £1,450 for the limited edition set



OF A MAN

emiliopucci.com

Aquascutum, the brand fronted by actor and Hampstead-resident Damian Lewis, has announced plans to reinstate its made-tomeasure tailoring service from June next year. Men's two and three-piece suits will be available in stripes, checks and plain colours and are expected to be priced from £700. Previously offered at its Regent Street outpost, the Aquascutum boutique in Great Marlborough Street will be the new setting for

aquascutum.com

the service.



### ROCHA FOR J BRAND

Having gained its reputation for stretchy skinny jeans that didn't lose their colour or shape, J Brand has partnered with fashion designer Simone Rocha for a range of denim separates. After admitting to not owning much denim herself, Rocha set out to work with the material in the same way as any other. The result is frilled dresses, blouses and shirts with a slightly oversized silhouette in tones of red, pink and black. Worn individually, the pieces are feminine and wearable - when layered the overall look becomes more eye-catching and youthful. Rocha has revealed she was aiming for "awkward".

#### Available at Dover Street Market





### WINDOW SHOPPING

This year's Harrods Christmas windows will have The Land of Make Believe as their theme. Matthew Williamson. Stella McCartney and Alexander McQueen will be among the brands creating costumes for life-sized toys in the display, while toy mice powered by animatronics play against a forest backdrop.





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NATUZZI





# BIGGER BICTURE

As more and more fashion brands find new ways to embrace digital technology, *Kari Colmans* takes a closer look at the future of fashion film

ccording to social media site Instagram's own blog, it has in excess of 200 million users, all of whom have shared more than 20 billion images since its inception in 2010. Having been bought by Facebook in 2012 (for a reported US\$1 billion in cash and stock) it has garnered more than 50 million new users in the past six months alone. But as technology pushes spectators to the point of optical overload – where anyone with a smartphone and a clever app could fool their followers into thinking they are the next Tim Walker – the fashion industry's top photographers are pushing the boundaries on traditional visual mediums to create something new and out of reach of the everyday iPhone in the street.

"I don't say I create photographs anymore, I prefer to say imagery," leading fashion filmmaker Nick Knight told *AnOther* in 2013, when talking about shooting a Diesel campaign entirely on his iPhone using a couple of image-manipulation apps. "There doesn't seem any sense in having limitations on what kind of image capture sources we use." At the time of writing, Knight's SHOWstudio account had Instagrammed 1,046 posts to its 142,904 followers, sharing snapshots as run-of-the-mill as a robin in the garden to backstage clips of the fashion films he's producing.

Young filmmaker Laura Falconer, who trained with Knight and worked on shoots for Kate Moss and Lady Gaga, is currently collaborating with Olivier Award winning choreographer Russell Maliphant to produce a film that explores the theme of fashion in movement

or worse, it's now harder than ever to really stand out in the field. But Falconer says the growth of the internet has generated new and exciting opportunities for photographers to push the boundaries of their work. "There was a possibility to push things further, to change. There was suddenly a platform for fashion film, whereby photographers who were experimenting with it had somewhere to

### "I learned that the strength came from the vision"

which will be shown on 22 November at the Red Bull Studios. "I was really interested in the way that Russell uses flow and energy in his work. I wanted to make a film that wasn't necessarily a narrative but much more a celebration of energy and mood, creating an idea of a positive, strong woman using light and music."

Social media has undoubtedly

Social media has undoubtedly metamorphosed the way photography – and fashion photography in particular – is viewed. For better

put it. Until then it was kind of undiscovered.

"Digital photography has made the medium far more accessible, and you can afford to shoot more and use post-production to alter or even create a new image. With film, I have less control. Things have to be a bit more perfect in frame as I don't have as many possibilities in post-production. I quite like having to be slightly restrained in that way. As a young photographer I was starting to feel that it was really difficult to be valued because other people were able to get a fairly similar result [as me] without perhaps having the knowledge behind it. With Nick, we ended up doing a fair number of shoots where he would use his iPhone because he found it the best way to get the least interference between his vision and the end result. I found that fascinating; that he was using a camera that any other person on the street could pick up and he wasn't afraid of that fact. I learned that the strength came from the vision and the creativity."

Launching in 2008, the catchily acronymed ASVOFF (A Shaded View on Fashion Film) has gained critical acclaim for nurturing both developing and established artists to reassess the way fashion is presented and for challenging the conventional parameters of the medium, bringing together such illustrious names as Chris Cunningham, Erwin Olaf,

Previous page and clockwise from bottom left: Nicholas Kirkwood Arcs of Obit: Laura Falconer fashion in movemen

15 seconds) has a clear romantic 'will they won't they' storyline, despite the lack of dialogue, and blurs the lines between stylised Gatsby-esque silent movie



and backstage footage from a high-fashion photoshoot. The eighth of Miu Miu's 'Somebody' Miu Miu Women's Tales series, written and directed by Miranda July, takes a satirical route, featuring a sweaty jogger impersonating a girl called Jessica as she delivers the 'it's not you it's me line' to her unsuspecting, and slightly strange looking boyfriend. Further scenes follow whereby strangers deliver messages read from mobile phones and include both an unlikely proposal and a talking plant. If it weren't for the "costume design by Miu Miu credits", you couldn't be blamed for thinking it a twist on an offbeat Orange Wednesday ad.

This month, British footwear designer Nicholas Kirkwood, celebrated for his use of shape, proportion and detail, has creatively directed a short film named Arcs of Orbit, which conceptualises the creation of shoes and celebrates "a divine notion of craftsmanship". The film depicts the journey of this season's Gabo bootie through "elements" that delicately float, converge and transform, while a central source of solar light projects orbiting shadows. Once these elements meet, the shoe is realised with a flurry of energy. Inspired by constructivist sculptures and pioneers of the art movement such as Naum Gabo, after whom the bootie is named, Kirkwood uses film to explore movement through scale, proportion and contemporary materials. He says: "The inspiration behind Arcs of Orbit was to interpret and celebrate the making of a shoe but again to show the more passionate side of what design and creation is. Film takes an emotive response and reaction to that next level. Sound is a compelling component and can change the tone in an instant to really communicate the story you're trying to tell. These short films are ways to create impactful moments."

As highlighted by the recent sell-out Horst exhibition at the V&A (to name but one example), there will always be a place for beautiful and provocative fashion photography, especially when viewed through tradional print and gallery-style mediums. However, there's also no denying that we are witnessing a new generation of tech-savvy artists who are transforming the face of the industry by dipping their toes in untested waters. And I for one cannot wait to see what's next.

Laura Falconer's 'fashion in movement' film will be shown on 22 November at the Red Bull Studios, Tooley Street, SE1, redbullstudios.com/London nicholaskirkwood.com; showstudio.com; filmsoffashion.com; ashadedviewonfashionfilm.com

Nobuyoshi Araki, Tilda Swinton and Steven Klein, as well as Yves Saint Laurent, Gucci, Rodarte, Givenchy, Yohji Yamamoto and Thom Browne. Its mission statement reads: "ASVOFF shakes up the old rules of fashion by putting the focus on the moving image, in an industry long dominated by the still photographic medium." While it has only been going for a relatively short time, its standing has been quickly established. "Fashion photography took many years to get recognised and fashion film is still very much in its infancy," says Falconer. "The way we consider fashion photography now is quite rigid because it's been so developed over so many years. With fashion film, you can experiment more because there aren't so many people who have been there before you. It's starting to establish itself as a brand new medium." According to Cisco, video will account for 69 per

cent of all consumer internet traffic by 2017. Videoon-demand traffic alone will have almost trebled, so that by 2018, it would take an individual more than five million years to watch the amount of video that will cross global IP networks each month. Leading the way, filmsoffashion.com is the world's first independent online media channel to be collating and showcasing a glittering library of stylised fashion movies. Scrolling through the archives, you can view Gisele Bündchen slicing through turquoise waves in a Chanel-branded wetsuit to the backdrop of a sultry blues version of a

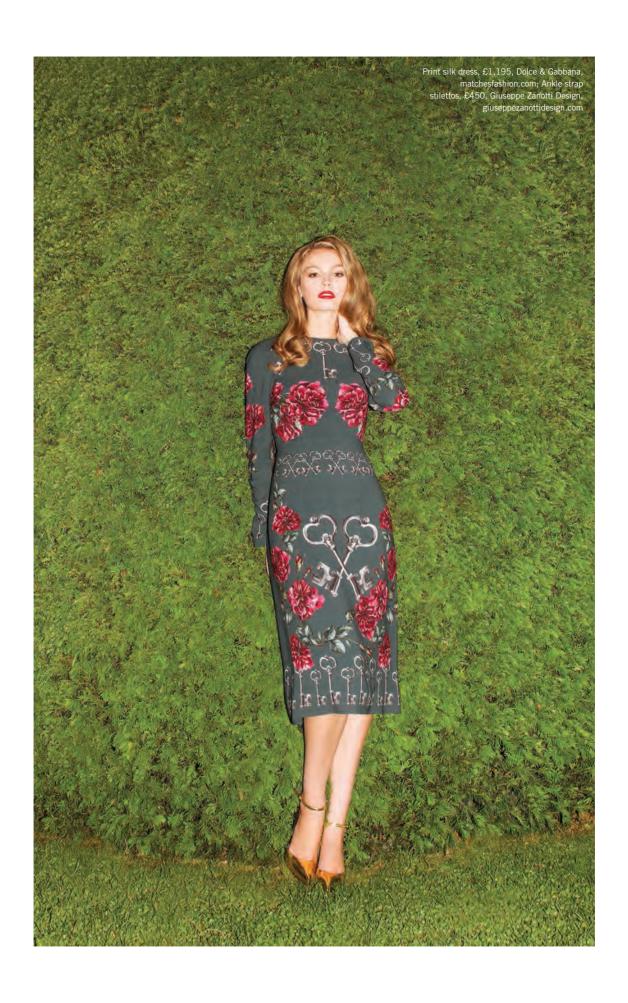


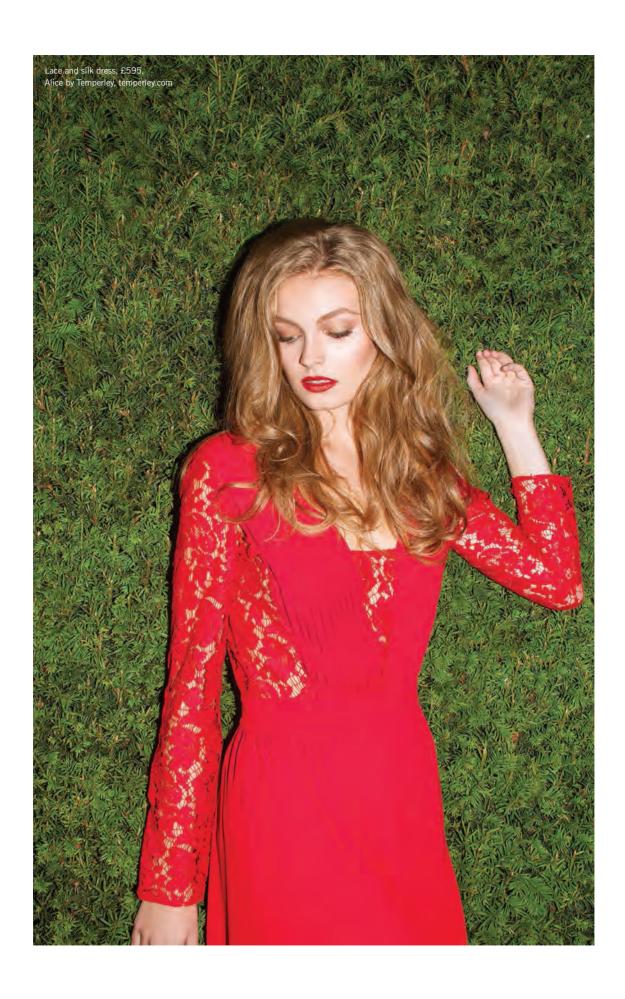
There is no stopping a woman in a red dress. This season's pieces range from wine and berry hues to all-out, seductive scarlets, all with alluring lace and cut-out detailing – not for the faint of heart

PHOTOGRAPHY / ANDREW KUYKENDALL
STYLIST / LUCIE DODDS













've been in two minds as to whether to talk about it," confides Elizabeth Emanuel. I am sitting in the designer's Maida Vale studio as she launches a bid for investment in her fashion label Art of Being – and talk has turned to the tougher side of working in the fashion industry. Three decades ago, Elizabeth was co-creator (alongside now exhusband David) of Princess Diana's wedding dress. Commissions for high-profile figures including Elizabeth Taylor and Helena Bonham Carter followed. "It was something that changed my life," says Elizabeth. And then she lost everything.

"When you lose the right to [trade in] your name, it's an enormous hurdle, especially when you don't have a business partner or a legal team. You are starting

It's an ambitious strategy, but each of the dresses hanging in the showroom represents a piece of the dream – and few can doubt the beauty of Elizabeth's work. There are columns of antique lace strewn with crystals, silk gowns in the deepest claret and inkiest black, and swirls of tulle frothing from architectural feats of corsetry. Shares in the company (which can be bought for as little as £10 through crowdfunding website Crowdcube) are as much for those passionate about British craftsmanship, as for the have-a-go investor, enticed by the prospect of £20,000 prices for bespoke commissions.

"I try to use colours that are not on the normal spectrum, which look as though they have been around for a while. I love the concept of faded beauty," explains Elizabeth. "I learned about textures and how

### "I try to use colours that are not on the normal spectrum, which look as though they have been around for a while"

from a difficult position." Reports have alleged that everything from poor business advice to the divorce underpinned her troubles, and while Elizabeth is careful not to appear a victim, she admits "there were sharks. I've met quite a few on this journey. It's been very hard, but that's so completely different to the situation I'm in now. The people around me are doing it out of love and we have a great business plan."

The studio may be small, the team consisting mainly of loyal friends, but there are signs that she is on the cusp of success once again. Andrew Marshall, a man with 25 years experience in luxury branding from stints at Gucci and Montblanc, has joined Art of Being as chief executive and the plan is to launch the brand internationally, with a flagship store in London, if shares can be sold to the value of £1.5million by 10 December.

to build pieces with tulle from working with the theatre and ballet – you learn to layer fabrics because the audience has to see a costume from far away. I like to use sequins, too, and we dye our crystals to give them an antique finish. There's a story behind everything; making these clothes is like making an artwork – something that is developed over time."

Interest in her work has never wavered. "Everyone wants to buy British fashion, especially international clients from Russia and China. We've just been asked to produce the uniform for a leading hotel and I enjoy different projects. I don't have hundreds of assistants so I'm totally involved creatively."

When asked if the Art of Being is the 'new beginning' that some have deemed it to be, she says no. "I see it as an extension of the work I was doing before; we have the backstory. There is a perception of what I do as being glamorous and romantic. It is a recognisable style and I think it is important to be able to identify a piece immediately with a brand. People come here and they love the lace and the tulle – the dresses are easy to

### "If you've got a way of looking at the world and of designing then it translates to everything you do"



• wear and [they] change people's personalities when they put them on. That in itself is a reward."

With high-profile commissions, she has retained the freedom to design as she wishes. "Clients like the look of what I do, so even if we make something special for them, they know it has a certain style about it. Take Helena Bonham Carter, for example. Some time ago she came here and she just suited the look of what I was doing at the time."

Of course, the public most often ask about Princess Diana's dress. "Princess Diana is remembered with such affection by the British public and people are still interested in her wedding dress and her style. I don't tire of it, but the dress was for a particular time – the 1980s. As a style, it's not as relevant now but I wouldn't have changed anything. Not the creases, not anything! Although, you've got to be forward thinking [with design]."

The future for Art of Being includes diversifying from ready-to-wear and bespoke dresses, and Elizabeth's enthusiasm is palpable. "It's not just about clothes, it's about the whole concept – jewellery and handbags and perfumes – and everything will gel

together. If you've got a way of looking at the world and of designing then it translates to everything you do. I moved into my new flat last year and it was a lot of fun coming up with interiors ideas."

Having spent much of her early life in Hampstead, Elizabeth lived on a barge on Little Venice canal for many years. "I've moved barely a quarter of a mile," she explains. "There's a real community feel around here, the people are friendly. A lot of people who are interested in my clothing designs live around here and in St John's Wood."

As our interview draws to a close, I ask how involved Art of Being investors can be. "If they buy into the plan then they are the people who have made it happen. I love sharing [the vision]. We have incentives for those who invest larger sums of money – you can name a dress and then track its journey as it is created and goes on the catwalk. We've got rewards where they can nominate an intern to work with us for a week and for the top-tier investors we'll make a made-to-measure dress and transform them with hair and make-up. It's all about experiences."

The elephant in the room is 10 December passing without the full sum of money being raised. And having seen the intricacy of the gowns, the sheer fun of her fashion and how good it makes everyone else feel, I prepare to leave the studio frustrated on Elizabeth's behalf, but determined to put my own money where my mouth is. However, she is characteristically upbeat. "I'm optimistic. It's taken a long time but people have stuck with me. There have been times when I've thought 'what's the point?' but when you're doing what you love − and design is the only thing I know how to do − you just have to keep going. I'm still here. We need to fund our core workroom but I know once we're up and running it will be a huge success." She deserves it. ■

Further information about the Art of Being business plan and ways to invest can be viewed at crowdcube.com/investment/art-of-being-16893 020 7289 4545; elizabethemanuel.co.uk





1 Silver calf-leather sandals with embellishment, £645, Miu Miu, 020 7409 0900; 2 The Heart Keyring in metallic mushroom, £70, Mulberry, mulberry.com 3 Steel and red gold bracelet Promesse watch, £3,400, Baume & Mercier, baume-et-mercier.co.uk; 4 The Jewellery Case in metallic mushroom, £350, Mulberry, as before; 5 Knot detail pebble grain coin case, £175, Burberry, uk.burberry.com



6 Galop Hermès bracelet in pink gold, £3,970, Hermès, 020 7499 8856; 7 Galop Hermès ring in pink gold, £7,610, Hermès, as before; 8 Classic square sunglasses combining luxurious gold-plated titanium and hand polished acetate, £610, Linda Farrow, lindafarrow.co.uk; 9 White lace Clutch Evening Bag, £1,150, Dolce & Gabbana, dolcegabbana.com; 10 Crystal Arrow Metal Brooch, £170, Carven, available at avenue32.com; 11 Gold-plated Vendome earrings, £190, Azzaro, azzaroparis.com





December

1. Burberry has infused its beauty collection with products as classic and timeless as its coveted trench coats. As part of its festive offering, the Complete Eye Palette has taupe and brown shades that anyone can wear, whether going for a natural look or something deeper, darker and richer. The brand has also swapped its silver packaging for gold for this limited-edition range.

#### £40, Burberry, uk.burberry.com

2. A new line of collector's editions from Dolce & Gabbana pays homage to the fashion designers' passion for the colour red. As well as adding touches of scarlet to the packaging of its illuminator and bronzing compacts, a new lipstick colour is launching, named Real Red. Part of the Shine Lipstick range, it is known for its glossy, satin finish.

#### £28, Dolce & Gabbana, harrods.com

3. Perfume becomes an unpredictable gift when giving Serge Lutens' L'Incendiaire, one of the most luxurious launches of the year. Amber, geranium and wood notes contribute to a smokey, oud-like quality which lasts for hours. It is the most expensive fragrance the niche French house has ever released.

#### £380, Serge Lutens, available at Harrods

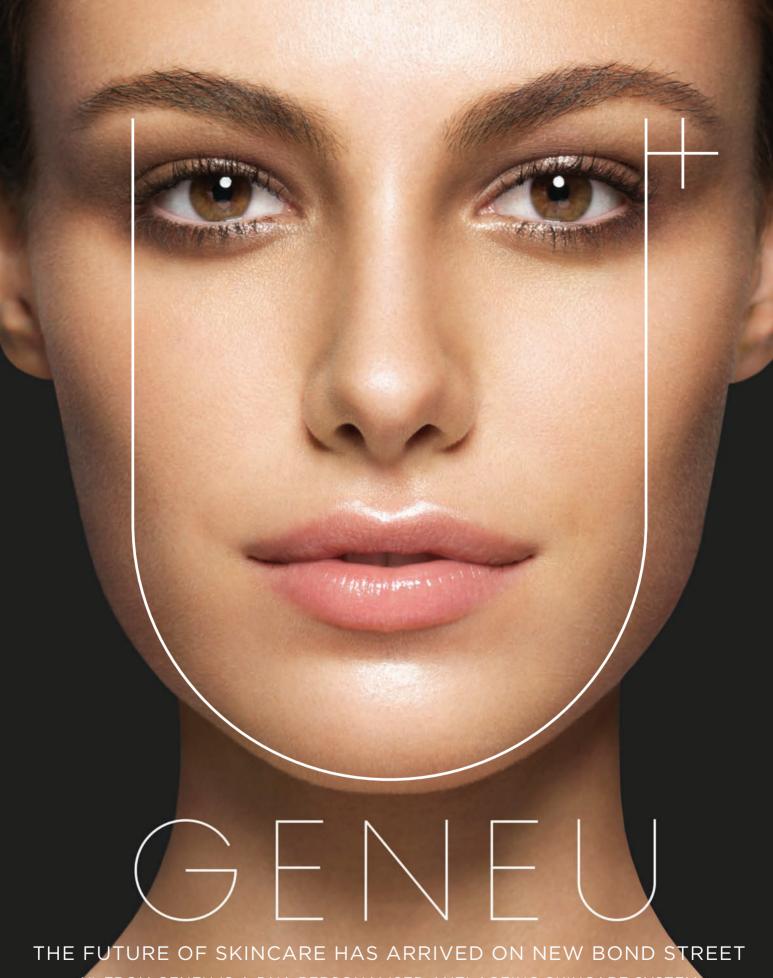
4. At any other time of year gold leaf nail varnish would be too much. The 24K Gold Digger Nail Varnish from Deborah Lippmann was an instant success at Barney's in New York – and will now be available in Selfridges for Christmas. Its particles contain silver, gold and platinum as well as green tea extract to nourish.

#### £45, Deborah Lippmann, selfridges.com

5. A couple of Christmases ago, depending on how much you *really* loved the Kiehl's Crème de Corps body lotion, you could have paid £5,000 for a Swarovski crystal-encrusted edition. This year, mere mortals can purchase a special design, daubed in 1970s prints by New York graffiti artists Craig & Karl. The body lotion itself is intended for very dry and sensitive skin.

From £27, Kiehl's, kiehls.co.uk





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Be the first to experience U+ from GENEU and leave our flagship store with your own personalised anti-ageing serum Book an appointment at Geneu.com

### BEAUTY UPDATE





### THE NEW TAKE ON D&G PERFUME

Following the success of its Velvet Collection perfumes that first launched in 2011, Dolce & Gabbana has produced four candles directly modelled on the scents. In keeping with the fragrances and the brand's heritage as a whole, each candle is intended to reflect elements of Sicilian life, including the palaces of local aristocrats (which inspired woody notes of ebony for Velvet Wood), sea voyages (for which crisp green notes of galbanum were chosen for Velvet Vertiver) and Italian gardens (recreated with neroli and orange blossom for Velvet Sublime). The candles have been set in gold glasses, enabling them to emit a subtle

in a black velvet box. £60 each, available at Harrods

glow once lit. Each comes presented

NURISS OPENS IN MARYLEBONE

Nuriss Skincare & Wellness Clinic, an aesthetic practice and private GP service, has opened in Marylebone. Founded by Dr Anita Sturnham, an ambassador for Unilever and a well-known television personality, the clinic will offer full scale health check-ups as well as innovative beauty procedures such as radio-frequency facials (which tighten the muscles). Lucy Jones, a popular nutritionist will also offer consultations at the clinic.

AYLEBONE STATES

48 Wimpole Street, W1 nuriss.co.uk



### A PARTY SEASON **MULTI-TASKER**

Amid the glossy, golden packages issued by Guerlain for its limited edition Christmas 2014 collection is the Petrouchka Palette, a product that will save time - and space in a clutch bag. Fitted into one compact are five neutral eye shadows, including slightly more sultry plum and copper colours, four shades of blusher and a mirror, while the red fabric bow used to tie the palette doubles as a bracelet and hair tie. The new collection is inspired by an evening at the opera; think luscious deep red lipsticks, shimmer puffs and shiny metallic nail lacquers. The brand's best-selling Météorites Perles have also been repackaged for

Petrouchka Eye & Blush Palette, £56, guerlain.com

subtle golden shimmer.





forward collaborations. Whether or not you're aware of the modern runway styles by designer Prabal Gurung, his 14 exclusive products for the beauty brand, which are out this month, make perfect gifts. The bronzer - in a crosshatched gold compact – is so weighty you could use it as a doorstop.





### CLEANSE, TONE AND ACCESSORISE

Liz Earle MBE has partnered with Boodles to create the Liz Earle Rose Pelargonium Necklace, which will be sold alongside themed beauty hampers for charity. The necklace's flower motif, studded with ethically-sourced pink sapphires, has been designed to complement the rose-scented geranium base of Earle's skincare products, including Instant Boost Skin Tonic and Botanical Essence No 100. Profits will be donated to the Shining Faces orphanage in India.

£1,600, boodles.com



# THE PARTYTRICKS OF THE SUPERS

Gabrielle Lane discovers the new luxury beauty services guaranteeing festive glamour

### THE INSPIRATION

From 4 December, motivation to try more glamorous evening looks comes courtesy of *Miles of MAC*, a new book showcasing more than 200 beauty images styled by MAC Cosmetics' senior vice president and global creative director James Ganger, with fashion photographer Miles Aldridge. Sometimes vivid, often playful, the shoots bring the bold colours and glossy make-up textures of the brand to life, one outlandish lipstick at a time – and remind us that dressing up is supposed to be fun...

£30, published by Rizzoli maccosmetics.co.uk

### THE EMERGENCY APP

What do a quick-as-you-like cab service and a personal trainer have in common? Both are available at the swipe of a mobile app. Following its success in New York, beauty service PRIV has launched in London, promising to change the way we get ready forever. Accounts are linked to a never-ending list of make-up, hair and fitness experts, promising everything from spray tans to manicures, within the hour. Appointments can be scheduled for the home, the office or your hotel room and group discounts are available too.

Free to download on Apple and Android devices gopriv.com  $\,$ 

### THE PERSONAL HAIRDRESSER

Famed for giving Erin O'Connor her elfin crop and the Duchess of Cornwall her mane of curls, the salon of Jo Hansford MBE draws clients from across London and beyond who want a polished appearance. But for those who find paying so passé comes The Black Card, a membership entitling devotees to unlimited blow dries, haircuts, colouring services and mani-pedis

throughout the year, as well as four annual visits to a location of your choice within a 25 mile radius of London. At £25,000 to subscribe, it's a service for the professional party-goer with a diary of events.

£25,000, 48 South Audley Street, W1K 020 7495 7774; johansford.com

### THE PERFECT SMILE

Let's talk about teeth. If the thought of raising a smile for the camera makes you feel like doing anything but, Elleven – the dental practice founded by former president of the British Academy of Cosmetic Dentistry Dr Julia Caplan – can design and fit porcelain veneers in just one day. The process uses a system called CEREC, which involves scanning the mouth with a 3D-imaging camera in the morning, before bespoke shells are crafted on-site, glazed and bonded to the tooth surface. The solution is recommended for straightening severely worn or discoloured teeth – it just depends on whether you can face forgoing red wine over the Christmas period.

From £4,000, 11 Devonshire Street, W1G 020 7487 2711; ellevendental.com

### THE POST-PARTY DETOX

What is the millennial party-goer's equivalent of a butcher, baker and a candlestick maker? A nutritionist, a massage therapist and a personal trainer for the morning after. The All About Grace package at Grace Belgravia offers a tailored gym and injury analysis, complimentary guidance on diet and wellbeing, five guest passes and access to classes including dance meditation, yoga and cardio training – for one year. Festive indulgence is countered with a three-day food delivery programme and the gift of a heart-rate and activity monitor.

£5,500 plus a £2,000 joining fee 11c West Halkin Street, SW1 020 7235 8900, gracebelgravia.com









6 Oxblood No. 303 Iconic Colour Nail Polish, £15, Burberry, uk.burberry.com; 7 Santal Royal 125ml Eau de Parfum, £125, Guerlain, exclusively at harrods.com; 8 The Illuminating Powder, £70, Crème de la Mer, cremedelamer.co.uk; 9 Illusion d'Ombre in Envol, £25, Chanel, 020 7493 3836; 10 Spiritus Sancti Gold Candle, £65, Cire Trudon, selfridges.com

## HEAD in the CLOUDS

Agua Bathhouse & Spa at Mondrian London is a glamorous new retreat and the home of possibly the best massage in the capital, says *Gabrielle Lane* 

alfway through my Custom Guru
Massage, the cold that had been
threatening to put me out of action for
a day or two came out in full force and
I spent the rest of the treatment time
trying not to sneeze and clutching tissues.

It was amazing. If you've ever had the experience of being unwell once you just 'stop', you'll understand that it was only when tucked up in the treatment room, feeling totally relaxed, that I fell ill. It's called a healing crisis, apparently: the body's cells are releasing toxins and impurities faster than they can be eliminated, which means symptoms temporarily get worse – and then much better. And there is no better place to feel fragile than here.

Even though it's in the basement, Mondrian London's Agua Bathhouse and Spa is styled like a heavenly cloud. Everything is white, there are lots of candles in lanterns and lamps that mimic the flow of water, the beds are heated and at the end of the treatment, you're given a duvet and hot water bottle to go with your pot of herbal tea. For once after my booking, I didn't rush off into the night ready to get on with other plans. I sat and stared at the wall, drinking tea, glad to be out of mobile range.

Before the spa opened at the end of October its therapists received additional training from international experts – and it shows. My therapist's name was Motoko – and now when I imagine who I would include in my celebrity entourage (have you never played this game?) I include her every time, not only for being technically skilled but also the loveliest lady, quick to put anyone at ease and make them feel better.





### I was treated to the scalp massage but it's the buttock booster that is recommended to improve circulation

Massages at Agua use a mix of strokes including Esalen techniques to soothe, and deep tissue work to relieve tension; firm in order to tease the stress from aching muscles. The oil is blended in front of you depending on your mood – I opted for peppermint and lavender – and you'll get a vial to take home. There's also the option of a 15-minute booster for the Custom Guru Massage, which focuses on a specific point. I was treated to the scalp massage, which involved neck stretches, but it's the buttock booster that is recommended to improve circulation.

It's one of the more interesting additions to a treatment menu that wouldn't look out of place in Ancient Rome, with its facial acupuncture, a 50 minute bust massage and a mud party in a designated room: a nutrient-rich clay mask is applied to the skin while guests enjoy Champagne and strawberries. For me it all sounded too energetic for a low-key Friday, but I recommend the spa for socialising with friends in beautiful surroundings, or quiet time alone. Just don't go poaching Motoko − she's in my entourage now. ■

20 Upper Ground, SE1 020 3747 1000; morganshotelgroup.com





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### INTERIORS INSPIRATION



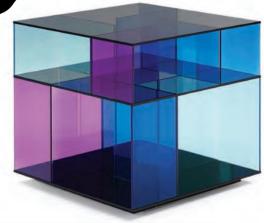
London-based brand Klaus
Haapaniemi and furniture brand
Nikari have unveiled a limitededition range of upholstered sofas.
With Karl Virtanen from Nikari
taking responsibility for carving and
Klaus Haapaniemi himself designing
the vibrant upholstery, the sofas
represent a collaboration between
two renowned Finnish designers.
The latter has stripped the popular
birch sofa of its armrests and has
used an angled back engraved with a
collection of original patterns, while
utilising locally sourced timber and
sustainable wood.

POA, klaush.com

### SQUARE ROUTES

A quirky accessory for any home, the new Labirinto table has been designed exclusively for Natuzzi Italia by renowned Italian architect Claudio Bellini. Its innovative structure, made from tinted panels of glass, helps to reflect light. Both colour combinations – blue, violet and smoke grey, or yellow, bronze and grey – consequently serve as an attractive centerpiece. The table is available in either a square or rectangular shape in two heights. There is nothing Rubik's Cube about it.

From £690, natuzzi.co.uk



## APPEALING TO THE SENSES

New to north-west London is Primrose Hill Candles. Founded by two local mums, driven by their passion for luxury candles, the handmade products will infuse your home with rich scents. Chocolate orange, Christmas cranberry

and gingerbread are sweet and welcoming aromas, while the juicy citrus and soothing chamomile scents are more subtle. The brand's latest distinctive fragrance is mulled wine, which is out now.

From £15, 7 Chamberlain Street, NW1 primrosehillcandles.co.uk





Heathfield & Co has launched a collection of handblown lamps with a stunning tortoiseshell finish, inspired by natural elements. Entitled the V collection, gold and burnt red minerals are used to colour the speckled base of the Grace model (pictured). The chrome-plated hardware anchors the designs by adding a modern touch, and are available in any colour or size. Made to order to suit all colour schemes and homes, the designs appear even more attractive and dramatic once illuminated.

**SOPHISTICATION** 

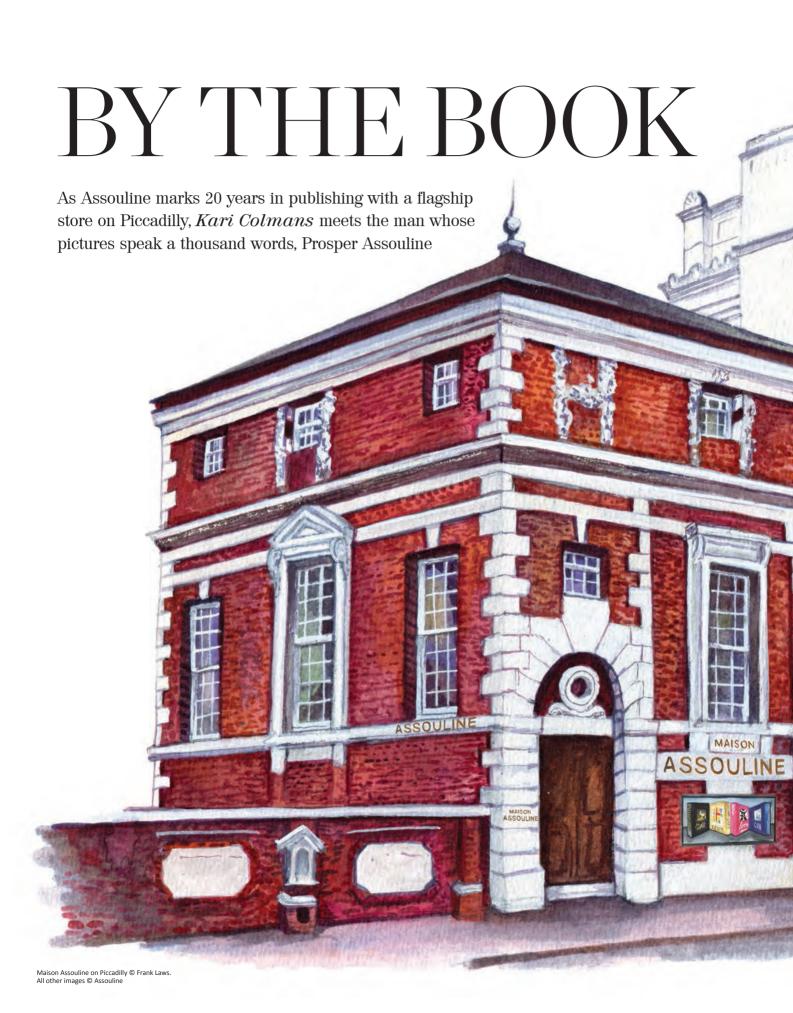
From £277.74 each heathfield.co.uk

## AS YOU LIKE IT

There are a few rather special things about a La Cornue stove. Uniqueness is key to the French brand's ethos and each stove is handmade by one person who takes responsibility for every stage of the production process. But it is the level of customisation available that sets it apart. La Cornue Château 120 is now available in one of 30 different colours, ranging from matte black to bright yellow and, should this not satisfy, La Cornue will create a shade to match everything from nail varnish to a BMW.

From £21,200, lacornue.com



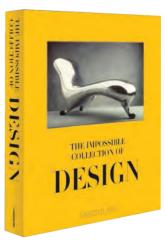


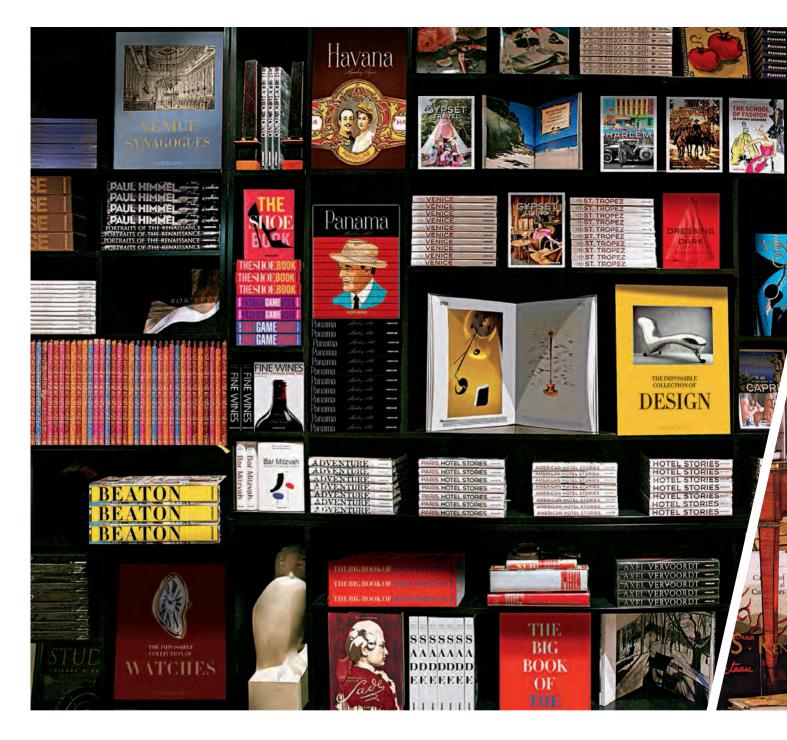




t's a tricky business initiative to get your head around: Kindles and other e-readers are burying paperback sales in mountains of proverbial waste-paper, blogs and blasts are giving dailies a run for their hot-off-the-press, morning-after-the-night-before money and anyone can give a smartphone-generated snapshot an arty 1960s grain. Yet Prosper Assouline – founder of the luxury lifestyle brand and one of the most exceptional publishers of beautiful books the world over, Assouline – decided there was only one way to respond to such an ever-growing post-paper market tide. Make the proportions bigger, the text shorter and then add an extra zero to the price tag.

To date, the brand has published more than 1,200 titles across international markets on subjects including fashion, art, architecture, design, culinary arts, photography and travel, stocked only on the shelves of the world's chicest cities. The tomes range from classic coffee-table trimmings (Dior, In the Spirit of Capri, Vintage Cocktails) to the specialist (Arabian Horses) and the downright kooky (Gypset Travel, anyone?), but the majority of the publisher's work comes from private commissions.





"You can go to Berkeley Square

and buy a Bugatti in five colours,

but you cannot buy culture"

Like all great romances, Prosper's love affair with the written word began with no thought for what the future held. He had worked as an assistant director on a number of magazines in Paris, as well as advising labels such as Chanel on their marketing and branding

strategies, while his wife Martine had modelled as well as running the strategic communications at Louis Vuitton and Rochas. Falling in love with the inn-come-

restaurant La Colombe d'Or in Saint-Paul-de-Vence, a cultural hub for artists and thinkers during the 1940s, the couple decided to publish a book about it. And the rest, as they say, is history. "So 20 years ago it was a decision... not to make a publishing company," Prosper laughs in heavily accented French, perched on the edge of a stunning leather couch in the current Claridge's store. "We wanted to [make a book] because we were in love

with this place! I did a picture, she wrote the text. There was no vision to create something like what [the brand is] today. We did it with a lot of love but no expectations."

As part of its 20th anniversary celebrations this year, Assouline has just opened the doors to its first

international flagship, Maison Assouline, situated at 196A Piccadilly. Originally a banking hall designed by Sir Edwin Lutyens in 1922, the Grade II-listed building was one

of the most iconic locations in the capital, and will now act as an all-encompassing Assouline lifestyle hub. From an exclusive line of furniture comprising everything from lamps to sofas (such as the one we're sitting on); leather-embossed book bags, scented library candles, one-of-a-kind *curiosités*; vintage compendiums curated by the brand and a host of other prints, gifts, accessories, stationery, services and – of course – books, it's clear



just a toddler, it seemed like a natural step, but it was one he came to on his own. "It was his decision, which is important and I respect that," he says. "But I'm very happy about it." For him, it's a passion you are born with. "I have a book from when I was five or six years old. It has a mixture of engravings and text and I still read it every year because I love the layout; the proportions between the typography and the images. I'm in love with books – really in love."

So much so that on his travels around the world, they're the only thing he collects: "What else am I going to buy, shoes?" he laughs. The family has a huge athenaeum of 17th and 18th-century novels, illustrated publications on every subject imaginable, which are stored between their homes in Paris and New York. His love of the old is shared by his customers, with the most popular requests usually stemming back to the first prints ever made. "Around 70 per cent of our sales every year are from our backlist."

Ever humble, Prosper is still out the door at 7.30am, day in, day out. "A perfectionist is never happy because he's never finished! As soon as they come back from being printed I open them and I smell them to capture their essence. I turn it around to see

how it looks. But I don't like to go back too much in case I see a mistake!" Now that I can relate to...

As well as the new maison, the brand has launched a bespoke library offering as part of its Assouline Home service. It was born out of a singular private commission, which saw the team create every aspect of the space: "We are a publisher, but now we create the chair you sit and read our books on, the bookshelf you can keep them on," he says. "We will be offering an entire lifestyle concept: from the carpet to the sofa, the desk to the lights - everything. It's the complete package. Each collection will follow the name of

one of our books; High Society will feel like you are in the contemporary library of *Populaire*. Allure will use goatskin and bronze. We fill it with 500 books; our own, of course, but also vintage books and objects. We customise to theme too; travel or fashion. Or fishing if that's what the client wants!

"The only thing you cannot buy today is culture. You can buy 20 Ferraris. You can go to Berkeley Square and buy a Bugatti in five colours, but you cannot buy culture. A good library is something that comes alive. We create an important dream. And it's a dream we sell." ■

that Prosper's "non-vision" has led to more than he ever thought possible. "For us, each book is like a movie. Take *Paris in the* 20s, for example; you can almost hear the music. We live the dream. Even if you don't read it, you're going to enjoy it, because you are going to understand; between the captions and the pictures, we will

tell you something. When you touch the books, you will feel something in your emotions and that's important.

"I have an obligation to help you every morning; to help you know something [more]. I want people when they turn the page to not have to read the text immediately, but to enjoy it: to understand the book's spirit. To know that we have defined and captured the subject's DNA."

Prosper's son has followed in his parents' footsteps. Having started the business when he was







# NURSERYNEWS





## RETURNING TO WONDERLAND

To celebrate 150 years since the original publication of *Alice's Adventures in Wonderland*, the British Library has granted Rug Maker an exclusive licence to reproduce John Tenniel's illustrations as seen in the first edition of the children's literary classic. The handcrafted 100 per cent wool rugs are available in two iconic monochrome designs: The White Rabbit and Alice Drink Me. They can be used as floor or wall art.

## TEANIE BEANIES

Queen of cashmere Madeleine Thompson has collaborated with the gorgeous Blue Almonds kid's shop to create the boutique's first childrenswear line. Comprising baby grows, beanies, a blanket and a sleeping bag for little boys and girls, her best-selling hat has been snapped up by fans including Samantha Cameron and Lily Allen. Now available for babies, each Mini Maddy Beanie is super soft and has a relaxed fit.

£65, bluealmonds.co.uk





## ONE FOR THE GIRLS

Online boutique Noa & Nani has invited kids to create their dream bedrooms. Its modern range of single, trundle and highsleeper beds are high quality and secure. The Millie style is ideal for sleepovers as it comes with a second bed that pulls out and lifts to the same height for guests. Alternatively, the high-sleeper is a single elevated bed that has space underneath it to fit a desk or to allow space to play. Co-ordinating bedside tables are also available.



£199.99, noaandnani.co.uk

## THE BELLE OF THE BALL

Young girls can live out a fairytale fantasy with the new childrenswear evening collection by American fashion designer Dennis Basso. His red carpet gowns for women have been worn by famous faces including Nicole Kidman, and the junior range has a similar sense of opulence thanks to its use of embroidered silk tulle, tiers of organza, taffeta and duchess satin, which are then embellished with lace, pearlescent beads and crystal flowers. It's the first time Basso and his team have worked on childrenswear, in a project which has been warmly welcomed by Harrods: the department store has given the occasionwear line pride of place on its fourth floor.

From £2,500, harrods.com

## PRETTY PITTER PATTERS

Mother of two Vevian Lopez established luxury shoe brand Vevian in 2008, after struggling to find the right shoes for her daughter's first birthday. The company now offers smart and fun footwear styles for babies and toddlers with eye-catching details such as button fastenings and ribbon ties. Each pair of shoes is handmade in London and, with comfort a key concern, highquality, supple leather is sourced from local suppliers. We love the classic patent Marias (pictured) as well as the special Christmas editions, which include The Salame and Cree designs.

From £99, available at Jou Jou & Lucy, 32 Clifton Road W9



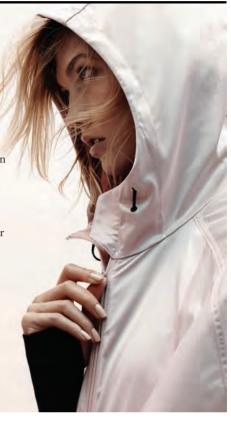
# HEALTH & FITNESS



## WHAT MAKES US TICK

Inspired by an emerging desire for luxury in sport performance gear, Nike has released a new women's training collection in partnership with the Brazilian designer Pedro Lourenço. Using high-performance technology for functional aesthetic detailing, monochrome gradients mark areas of enhanced breathability and flatter the form while reflective details ensure maximum night-time visibility. Inspired by 1960s couture shapes and cut close to the body, the embossed woven women's jacket debuts the brand's sweat-wicking Dri-FIT mesh, and is embossed with a crocodile pattern for extra style points.

nike.com



## TRI, AND TRI AGAIN

Local Triyoga devotees will be packing up their mats and stretching all the way to a fresh Camden location this month. After 14 years in Primrose Hill, the new space will be situated in a pretty courtyard behind Jamestown Road and will comprise three large yoga rooms, a hot yoga studio, six treatment rooms, a Pilates, Gyrotonic and barre studio, an infrared sauna, spacious changing rooms and a café. Formerly a piano factory, the Victorian warehouse will still house the original class schedule, teachers and therapists, as well as offering new classes. See you on the other side.



## MATCHA MAN

Do you long for the dedication of a monk and the strength of a warrior when embarking on post-Christmas diets? Thought so. The Japanese solved this dilemma (and that of how to release the antioxidants trapped in green tea) by grinding the leaves into a fine powder called matcha, which Buddhist monks used for centuries to stay focused and Samurai warriors consumed before battle. Fast-forward a few years and Bloom has taken organic matcha to the next level by adding some fancy ingredients and flavours. Blending the world's most potent superfoods to create eight antioxidant-rich tea powders, they promote younger-looking skin, reduce stress and boost concentration. Add it to drinks, stews or scrambled eggs. It really doesn't taste that bad.

From £16.80, available at selfridges.com



## BVLGARI

HOTEL & RESIDENCES

LONDON



## THE SPA

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Dr Mark Vanderpump, consultant endocrinologist at The Wellington Hospital, discusses the link between Type 2 diabetes and diet

MEET THE SPECIALIST

Royal Free London NHS

Foundation Trust.

markvanderpump.co.uk

#### What is Type 2 diabetes?

Type 2 diabetes is characterised by elevated blood glucose, due to deficiency in the action of insulin (i.e. insulin resistance) and secretion. It usually occurs in middle-aged to older people, is often treated by diet, exercise and tablets, and may eventually require insulin therapy. In up to 80 per cent of cases Type 2 diabetes is associated with obesity. The prevalence of diabetes is approximately seven per cent in London and by 2020 it is predicted to grow to nearly 10 per cent.

#### Body mass index (BMI)

The metabolic syndrome is a collection of abnormalities, including abdominal or central obesity, high blood pressure, high cholesterol and fat levels and high blood sugars, all of which increase risk of cardiovascular disease. Obesity is usually defined by the body mass index (BMI) which is calculated from weight (kg) divided by height squared (m2). A BMI greater than 30-35kg/m2 is significantly obese, but it is more important to know the weight distribution rather than the total weight.

Many people with Type 2 diabetes have a BMI in the slightly overweight range, but have gained significant fat around the gut. European men are defined as being centrally obese once the weight circumference is more than 37in (94cm) and the diabetes risk is significantly raised once the waist circumference is more than 40in (102cm). The equivalent figures for women are 31.5in (80cm) and 34.5in (88cm).

An increasing waistline is the first sign that there is an increased risk of developing Type 2 diabetes. The waist circumference is measured around the widest part of the abdomen at the level of the belly button. Fat collects centrally in insulin resistance and when carbohydrate breakdown is inefficient. Most people assume that fat is only collected under the skin, but subcutaneous fat does not differ much between thin and overweight people.

#### Changing your lifestyle

Waist circumference identifies people at risk of Type 2 diabetes and allows the prospect of intervening to stop or slow its progression. By changing your lifestyle, you can reduce your waist circumference, and your risk. This includes regular cardiovascular exercise (three

> 45 minute sessions per week) to improve insulin sensitivity and a diet that is low in carbohydrates while increasing your protein, vegetable and fruit intake.

Dr Mark Vanderpump is a Consultant This is not a quick-fix solution and Physician and Honorary Senior Lecturer should be gradually introduced in diabetes and endocrinology at the into your daily routine, under the guidance of your GP. The aim is to achieve a slow and sustained five to 10 per cent reduction in body weight. over 12 months. This will significantly reduce blood pressure and cholesterol, as well as the risk of Type 2 diabetes. If there is

a family history of the disease, the lifetime risk of developing Type 2 diabetes is almost 50 per cent.

Not only should you keep your waist circumference in check if this is the case, but it is also important to educate younger family members.

If you are concerned about your risk of developingType 2 diabetes and fall within one of the high-risk groups, which include those who are obese and/or you have a family history of the disease, then please make an appointment with your GP as soon as possible.

For further information or if you would like to arrange an appointment at The Wellington Hospital, contact the hospital Enquiry Helpline on 020 7483 5000 or visit thewellingtonhospital.com

# escape

## A tranquil oasis amidst the hustle & bustle of Mayfair.

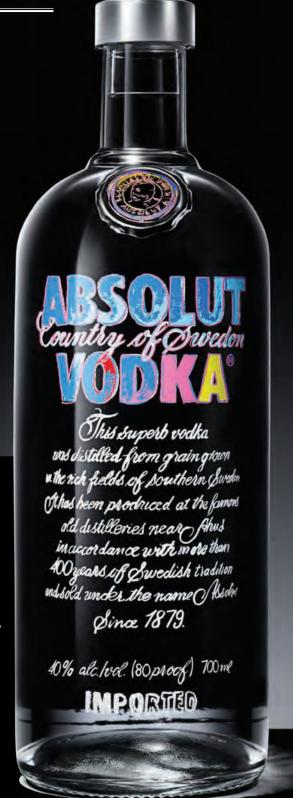
A unique dining experience begins as you walk down a tree-lined pathway to reach The Greenhouse. London fades away and calm descends.

Michelin-starred chef Arnaud Bignon's acclaimed light touch with highly flavoured dishes brings a thrilling dimension to classic French cuisine.

Make your reservation today at



# WISH list



## ON THE BOTTLE

Known as much for the circles in which the marketing team mixes as for the cocktails it enhances, Absolut Vodka has taken Andy Warhol's 1986 painting for the brand as inspiration for an iconic, limited-edition bottle. Following collaborations with the likes of Damien Hirst, Annie Leibovitz and Swedish House Mafia, the posthumous pairing draws on Warhol's original assertion that: "I love the bottle, I want to do something..." with a percentage of sales being donated to The Andy Warhol Foundation. Add 37.5ml of Absolut Cherrys to 12.5ml Kahlua and a splash of cola to recreate the Absolut Factory Cola of Warhol's heyday.

The Andy Warhol Edition £21.99, selfridges.com

# FOODIEFAVOURITES

## RAMSAY'S KITCHEN DREAMS

If you've been watching the angry chef's latest *Costa del Nightmares* series, it may surprise you that Gordon Ramsay's next London venture doesn't focus on chicken (deep-fried or roasted, it's a fool-proof solution to all of Spain's failing restaurants, apparently). Heddon Street Kitchen, situated in Regent Street's 'food quarter', will be headed up by chef Maria Tampakis, who will be serving a modern and relaxed European menu featuring pizzas and raw dishes. Set over two floors, attractions include a wine-tasting counter and ice-cream bar.

3-9 Heddon Street, W1B





## SETTING THE BAR

The W London's Spice Market has, erm, spiced things up a bit with a new sushi bar. Expect crispy shredded crab, spicy tuna, shrimp tempura and the signature Spice Market roll. Ideal for a quick meal before heading to theatreland, you can also order from the main menu (go for steamed sea bass in green curry sauce or pork belly buns), which can be served as quickly as you like by the exceptionally accommodating staff. This pan-Asian gem really is worth shouting about.

10 Wardour Street, W1D

## SURF & TURF

Burgers and lobsters have defined the last few years on the culinary scene and it seems the trend is here to stay if Fitzrovia's two latest additions are anything to go by. Bobo Social (pictured) is serving a host of fillings between two buns – wagyu beef if you opt for the Debauchery Burger or mushroom and truffle for the veggie diners – while 'experimental Mondays' allow conceptions of zebra and camel a one week

concoctions of zebra and camel a one week test-drive. Down the road, Fraq's Lobster Shack's short and sweet menu will recreate the fresh tastes of the East Coast.

Fraq's Lobster Shack, 55 Goodge Street, W1T BOBO Social, 95 Charlotte Street, W1T





## **GAME ON**

The Wild Game Co. has made Charlotte Street home for the next six months to serve a feast of partridge, rabbit, venison and all other manner of game, sourced entirely from founder Andy Waugh's Highland estate. The chefs in kilts will be dishing up hearty treats such as the Veni-Moo Burger, topped with melted cheese, beef bacon and the founder's signature sauce. Decked out with wood flooring, stag heads and butcher's hooks, the pop-up space will also act as a deli where guests can purchase some of the artisan products used in the restaurant.

65 Charlotte Street, W1T

## RESTAURANT REVIEW

## No Reservations

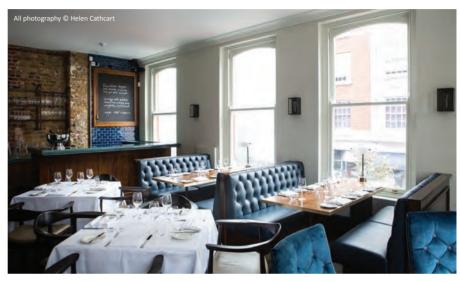
Kari Colmans avoids biting the hand that feeds her at Marylebone's latest opening, The Cavendish

'm already geared up to review
The Cavendish, whose opening
we covered in our news pages last
month, before discovering that one
of its owners is a childhood friend –
one that holds all manner of embarrassing
photos at his disposal. Cue the panicked
cabinet re-shuffle, 'can someone else take
one for the overly-fed team?' to save me
facing the prospect of an internet shaming
should it be utterly awful, and I say so. But
it seems I can't get out of it, so off I go.

The décor is smart and the dining space split over two levels; downstairs the bar area is busy but not jam-packed, as couples and groups sip expensive wine and colourful cocktails. We head upstairs, where the white tablecloths and dark teal banquettes set a sophisticated scene. The menu, designed by elBulli-trained chef Alfonso Lillo Fas, speaks of a life spent in modern, fine-dining establishments. Nothing is too fussy but it all sounds delicious, reminiscent of the best dishes from the capital's best menus.

My husband and I order three starters, just because we're greedy and they all sound too good to miss; a tuna tartare, served at room temperature (there's nothing worse than getting brain freeze from raw fish), is perfectly seasoned but stingy on the avocado. The creamy, exploding burrata accompanied by Parma ham and tomatoes feels as indulgent and velvety as a bowl of vanilla ice cream, while the dressed crab, served prepared in its shell, is generous and sweet, and there is more than enough of it to heap gluttonously onto the smokey, grilled bread, slathered with mayonnaise. The specials board teases us with wagyu beef carpaccio, only because it hasn't been wiped off since the morning's photoshoot, but we are assured by our waiter that the dish will be available soon, "because the chef really likes to eat wagyu". Other choices include a range of raw crustacea and ceviches.

Mains, again, are hard to narrow down; Iberian slow-cooked pork shoulder, veal chop, rib-eye steak. I find out later, after a trip through the bar to the ladies on the lower ground floor, where punters have







moved on to food, that the vongole is served at the table "for added theatre", which I probably would have ordered had I known. But I go for Dover sole served meunière style, which is large and fresh and as tasty as I've ever had. The other half, a reliable carnivore, chooses the fillet steak, which is butter-soft and full of flavour, having been cooked on the bone. It is also an impeccable medium, which sounds simple enough, but is more often than not ballsed up. The chips are golden on the outside and fluffy in the middle, but I'd prefer my courgette fries fatter; shredded Julienne, there is far more batter than vegetable.

Desserts are classic European – panna cotta, crema catalana, crêpe Suzette – and I chance on the latter for the first time in my life, as it too is prepared at the table. But the waiter, after much Manuel-style head-slapping, can't reach our corner spot, so it is flambéed to the delight of the other side of the restaurant, leaving us with an orange-flavoured pancake and a side of FOMO.

Although the staff upstairs don't seem as sharp as the (gorgeous) tux 'n' tailed waiters at the bar, the food really is faultless; a relief for my toddler-aged self and that brief stint as a ball-pond diving naturist.

35 New Cavendish Street, W1G 35newcavendish.co.uk



# BIJRREDI

With almost a third of whisky drinkers now women, alcohol brands need to look past the age-old



# INES

gender divide, says *Zoe Strimpel* 

ow then, a festive quiz. Question 1:
This month, ale, red wine and whisky will be drunk by (a) men or (b) women?
Question 2: Prosecco, white wine and Baileys will be downed with gusto round the Christmas tree by (a) women or (b) men?

If you answered (a) for both, then I'm sorry to report that you're yet another victim of intense gender stereotyping by the drinks industry... and that you're probably right. But if a fresh menu of sexy young alcohol brands and clever new marketing campaigns are anything to go by, you won't be right for long.

According to market research company Mintel, men are still the core market for bigger, bitterer drinks such as beer and whisky, while women go for lower-volume, sweeter tipples such as cocktails, fruit-flavoured ciders and white wine. For decades, drinks makers have pushed these gender divides. Take the recent, almost comically macho advert for Jack Daniel's Black Label, which tells the story of a terrifying creature known as the "legend in the hills of Lynchburg" that is "thirsty for the souls of men". While "no man" has ever seen it, we can only assume no woman has come close either. (This is probably

## Aggressive gender stereotyping puts both men and women off

because they're busy sipping Jack Daniel's Honey, a drastically sweetened version of the spirit, which is more like a liqueur than a Scotch.)

But change – and with it growing gender equality in the way drinks are perceived and drunk – is in the air. Mintel's senior drinks analyst Chris Wisson notes in a report entitled *The End of Manly Drinks* that despite stats showing that the traditional core markets remain, "[the] picture is changing and gender boundaries are blurring when it comes to alcoholic drinks."

On a basic level, drinks companies have learned the hard way that aggressive gender stereotyping puts both men and women off. Catastrophic failures to market "masculine" drinks to women include Animée, a sweetened, lower-calorie beer from Coors Light that appeared in Clear, Crisp Rosé and Zesty Lemon flavours. The drink was pulled in 2012 shortly after its £2m marketing campaign failed miserably to convince women that if only beer were bad wine, it'd be fine. Carlsberg Eve met a similar fate. As Hannah Stodell, a drinks trend analyst, says: "Based on the failures of attempts to market girly beers, gender-exclusive or gender-specific beers don't tend to work."

Importantly, the stratospheric rise of local craft beer has helped push the sexist old guard of the Campaign For Real Ale (CAMRA) into the corner. Melissa Cole, "somALEier" and beer consultant says: "The ale world is being split into two camps, the 'haves' and 'have-nots'. The 'have-nots' think women •



• should be in the snug drinking halves and definitely shouldn't be drinking anything above four per cent. The 'haves' have the right attitude – they don't understand misogyny, or why beer should be gendered."

The "haves" are younger and entrepreneurial. In London alone they've created a scene of 70 plus

## "It's terrifying really, the level of brainwashing that's going on"

breweries – including Camden Town Brewery and The Bull in Highgate. "It's a vibrant, intelligent community," says Cole, "with beers and branding that are out of this world, none looking to particularly attract women or men. At festivals or tastings it's about 'hey, there's a person in front of me who might want a beer, let me help'. This is all new and good: we've been so socially

engineered into this concept that drinks have some sort of gender attached to them – it's terrifying really, the level of brainwashing that's going on."

But the brainwashing seems, at last, to be waning. Despite the efforts of Jack Daniel's, whisky – particularly Scotch – is no longer the domain of gentleman after the ladies have withdrawn. In fact, almost a third of whisky drinkers are now women, according to a 2013 survey by drinks giant Diageo. Stodell notes that "the perception that whisky is just a drink for old geezers is just not true", which is why the "frankly patronising and overly-simplistic sexist 'shrink it and pink it' approach just doesn't work." Presumably with this in mind, Johnnie Walker chose *Mad Men*'s ultra-feminine sexpot Christina Hendricks as its brand ambassador. (That she's there to make men come hither is obvious, but as someone likely to inspire other women, she's also a strong choice.)

#### Gusbourne Estate, Brut Reserve, 2009 Kent

A blend of Chardonnay, Pinot Noir and Pinot Meunier make up this sparkling blend from the Kent-based winemakers. Balancing savoury brioche notes with fruity tones, it's neither girly, nor blokeish.

£28, bbr.com



## The Macallan Masters of Photography: Mario Testino Edition

An inspired collaboration, each of the 1,000 editions for sale – of which there are four different variations – are presented in high gloss, black lacquered boxes with shots by the world-class photographer.

£2,215, themacallan.com



#### Chêne Bleu, Astralabe, 2009

Don't pay mind to the price tag: the latest edition from Chêne Bleu is a Grenache-Syrah blend that hails from Rhône and is christened after the son of the famous medieval lovers Héloïse and Abélard, the names of the estate's other flagship, award-winning reds.

£18, waitrosecellar.com





Design is also a strong card being played by forward-thinking whisky brands – for instance, Scotch makers Ballantine's used the Swedish design studio Front to create a refined drinking set, designed by four women.

There are deeper changes in gendered drinking patterns, too, with women consuming more across the board due to their increased participation in workbased socialising and client entertainment. With more women than ever in jobs once only held by their male counterparts, it's no wonder that a single malt with clients in a members' club fits the bill. The result is that women increasingly know their single malt from their blended Scotch, their IPA from their stout, and their Sipsmith from their Bombay.

In fact, sophisticated gin is leading the white spirit renaissance: according to Euromonitor International (euromonitor.com), more than 31m litres of gin were consumed in 2013 compared to just

over 28m in 2008. Once best-known for providing the manliest of men James Bond with his womanising fuel, it has shrugged off its archaic connotations and has never been more popular for both sexes. Tim Homewood, brand ambassador for Tanqueray No. TEN says "By using a modern style of gin, you will be able to give the king of cocktails, the classic martini that contemporary edge. It really doesn't get much cooler than that."

And while red wine has certain associations with claret-drinking men at lunch, it's worth remembering that some of the best in the game are women, like the critic Jancis Robinson; Nicole Sierra-Rolet, co-owner of luxe label Chêne Bleu with her husband Xavier Rolet (CEO of the London Stock Exchange) and Anne Parent and Virginie Taupenot-Daniel, founders of the association Femmes et Vins de Bourgogne. As they say, beer is made by men, wine by God.

#### Ballantine's 12 Year Blended Scotch

We applaud the label's panache in collaborating with award-winning Swedish design team at Front to create a limited-edition five-piece service "ritual" complete with silver spoon and mini beaker for water.

£99.95, thewhiskyexchange.com



#### Nardini Riserva Grappa Classic

Aged for five years in Slavonian oak barrels, this old family firm of Grappa makers produces a superbly smooth spirit that's ultra-strong, ultra-clear and the ideal pairing for a chocolate and espresso break.

£38.60, thedrinkshop.com



#### Tanqueray No. TEN Gin

This full-bodied tipple boasts notes of grapefruit, lime and orange, along with juniper, coriander, and a hint of chamomile flowers, and is an homage to the passion and attention to detail that Charles Tanqueray stood for. A favourite with bartenders.

£32.90, alexanderandjames.com



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## NETJETS





# TRAVEL INSTYLE





For those in need of a tranquil festive escape, St Ives on the Cornish coast promises both dramatic vistas and home comforts

Providing the heavens don't open in true English style, the sandy coast of this seaside town matches any Mediterranean beach.

Although best known for its sheltered coves and great windsurfing during the summer months, when tourists flock from all over Europe, December promises days curled up alongside roaring country-pub fireplaces with ocean-to-plate seafood delicacies and unrivalled quantities of the best handmade pasties and confectionery.

Beachspoke offers four uniquely designed cottages, ready and waiting for city-beaten guests looking for seafront tranquility without sacrificing little luxuries such as iPod docks and speedy WI-FI connections. Although there are wood-burning stoves, some of the fireplaces are LCD, but then who needs a flame when the under-floor heating is doing the work? Peace and quiet is broken only by the sound of crashing waves, and the cottages have retained a huge amount of charm and character – from the low ceiling beams to cobbled walls and slate tiles.

From £1,400 for a 5-night stay from 27 December 020 8740 3097; beachspoke.com

## GREAT BRITISH ESCAPES



## A PERFECT PARTY

To celebrate the 30th anniversary of Le Manoir aux Quat'Saisons, this Christmas owner and chef Raymond Blanc has introduced exclusive dining experiences for guests. Groups of up to 50 can gather in the country house's private dining room La Belle Époque, which is styled for Champane canapés and a winter menu around the tree.

From £160 per person, belmond.com

## **MAKE MEMORIES**

A three-night extravaganza at Dormy House kicks off with a carol service and afternoon tea on Christmas Eve, with a chauffeur service to take guests to Midnight Mass. Christmas Day is marked with a five-course feast and films and on Boxing Day children can use a climbing wall and join guided walks, while adults can explore the grounds and sign up for clay-shooting and a spot of archery, before they all reunite for a Boxing Day gala dinner, with a live band providing the entertainment. If you still have the energy for the Bye-Bye breakfast, gather with Buck's Fizz to bid farewell to new friends.

From £1,620 for a 3-night stay dormyhouse.co.uk





## FOR A FEAST

At Coworth Park, Dorchester Collection's Ascot property, dining is put at the heart of the Christmas break, with options split between the cosy surroundings of The Barn and the smart service of the main restaurant. There are buffet lunches and afternoon teas on the agenda, as well as drinks at 'Midnight Mass' in the drawing room. The 240-acre estate is suited to walking off seasonal excess, and Santa-themed segway races will also be taking place. Alternatively, The Tower House cinema room and its spa are gearerd towards relaxation. Its modern-yet-opulent style makes Coworth Park one of our favourite retreats, which caters well for families too.

From £1,845 for a 3-night stay dorchestercollection.com

## SHOP AND STAY

The Christmas market stalls of Bath bring a great atmosphere and gift inspiration to the city each year. To enable visitors to make the most of the experience and enjoy the spectacle at night too, The Royal Crescent Hotel and Spa provides guests with Champagne on arrival, mince pies and mulled wine in the afternoon, accommodation in smart surroundings and a hearty English breakfast.

From £229.50 per night royalcrescent.co.uk



#### > PURE ROMANCE ◆

#### Safe haven

Ellenborough Park has been named England's Leading Spa Hotel by the World Travel Awards four times. Found on the attractive site of the original Cheltenham Racecourse estate and regularly picked as a wedding venue, romantic weekends tend to involve extended treatments in its Indian-themed spa. Rooms have been designed by Nina Campbell, with some featuring small private courtyards.

The Beaufort Dining Room and Brasserie restaurants are overseen by award-winning executive head chef David Kelman who has cooked for Her Majesty the Queen.

> From £1,699 for a 3-night stay ellenboroughpark.com



#### SACK TO NATURE <</p>

#### Reach new heights

Hidden high among the trees of the Chewton Glen country estate in Hampshire are its unique Treehouse Loft Suites with outdoor hot tubs and king-sized beds. Breakfast arrives in a hamper and spa treatments can be taken in the cabins, while mood lighting and Sonos music systems help to create a relaxing atmosphere. When you do venture down to earth, Chewton Glen offers activities such as golf and tennis, as well as archery and mountain-biking.

From £1,100 per night chewtonglen.com



# SNOW

From Val d'Isère and the Dolomites to Japan's sub-arctic, *Zoe Strimpel* brings you the best ski breaks out there to save you going off-piste

# TIME

### CLIFF LODGE Utah, USA

**BEST FOR:** Snow action

With an average of 12m of snow a year, plus huge bowls, massive couloirs and terrifyingly steep runs, not to mention enormous potential for pristine off-piste skiing, Snowbird and its neighbour Alta are among the best ski areas in the world for the skilled and voracious skier. Alta's toughest slopes are particularly adrenaline-spewing, since there is no real differentiation between its single, double and triple black diamondrated slopes. Both resorts have ski schools that run special sessions on the terrain, while Alta's daily off-trail workshops give a local's-eye view of the mountain. The Cliff Lodge is Snowbird's plushest option for accommodation (although it isn't five star) and knows its market well, offering in-house ski rental and a repair shop as well as an exercise room, yoga studio, rooftop pool, daycare and ski-on/ski-off access to the slopes. The beautiful spa is situated on the top floors, offering a menu of 30 treatments.

Cliff Lodge offers a 7-night stay including lift tickets, round-trip ground transportation and free skiing for kids under 12 for every night's stay from \$999 per person (approx. £625) theclifflodgeandspasnowbird.com



KRISTIANIA LECH Lech, Austria

**BEST FOR:** Snow action

Famous for its ski race heritage, Lech - which is nestled in the high-snowfall Arlberg range - promises Europe's best snow cover between December and May. It's also a bon vivant's paradise, with stylish hotels catering to every food, drink and spa-related desire. Of these, our pick is the decadent Kristiania Lech, set up by former Olympic downhill champion Othmar Schneider, who loved to party in its still iconic Rote Bar. Offering perks including romantic picnics, a helicopter flight over snow-topped peaks and on-call nanny services, it's also got a vibrant redtiled spa and three restaurants with slope views. Line your stomach well, since Lech is a resort for ski and adventure nuts, as

there is a packed calendar of races and some of the most challenging off-piste skiing routes on the continent. For a real rush, be one of the 1,000 skiiers who enter the world's longest ski race, a 22km circumnavigation of the famous White Ring ski trail, held for amateurs every January. Importantly, prepare for the event's vibrant aprés-ski activities.

Scott Dunn offers a 7-night halfboard stay at Hotel Kristiania Lech, including flights and private transfers from £1,635 per person Entries for the race can be booked via the Kristiania Lech scottdunn.com; 020 8682 5050



CHALET LE MISTI Courchevel, France

**BEST FOR:** Snow action

For those keen to combine the antlers, comfy sofas and fireplaces of a cosy cabin in Courchevel with a seriously good programme of adventure, Chalet Le Misti is the perfect base. Aside from its Alpine charm, Misti is only one of a handful of chalets at which Powder White offers its Slopestyle and Snowshoe & Skidoo packages. The Slopestyle course teaches skiers the tricks and jumps needed to master the course with expert tuition from New Generation Ski School freeski instructors. With three three-hour sessions spread across the week, participants learn to master the art of riding switch (backwards) and warm up with flatland tricks before progressing to flat 180° and 360° turns. Big air jumps come next (don't worry, there's an airbag to catch you) and the grand finale means taking on the half pipe.

If you're not sure about backwards big-air jumps, the Skidoo and Snowshoes package lets you explore the tranquil national park beyond the chairlifts, on snow shoes. You'll slide through the forest with an expert guide, arriving at dusk at the rustic Refuge de la Traye in the heart of the Vallée des Allues, where hot fondue and the ominous-sounding 'local delicacies' await. Post-nightfall, either bed down in a dormitory in the lodge or head back to the comfort of the chalet on a hair-swooshing, starlit skidoo ride.

Powder White offers various packages for an 11 April arrival at Chalet Le Misti from £618 per person powderwhite.com



#### THE ALPINA GSTAAD Gstaad, Switzerland

**BEST FOR:** Food

Opened in 2013 at a cost of \$337m, The Alpina Gstaad is known for culinary excellence. Its Restaurant Sommet has a Michelin star and then there's MEGU, the first outpost of the cult Japanese brand and Le Swiss Stübli, known for the best raclette and fondue in Saanenland. Luckily, the hotel's wine cellar houses 1,700 bottles.

The Apina Gstaad offers a 2-night stay in a junior suite from CHF 4,400 (approx. £2,865) thealpinagstaad.ch

#### CARLTON HOTEL St Moritz, Switzerland

**BEST FOR:** Food

St Moritz's Gourmet Festival in January 2015 includes nine British chefs. The Carlton - already festooned in points and stars - will be hosting Angela Hartnett as the guest of the Romanoff Restaurant's head chef Gero Porstein. Its Da Vittorio restaurant has has a whopping 17 Gault Millau points.

The Carlton Hotel is offering a 3-night stay in a junior suite with breakfast, dinner by Angela Hartnett, and tickets for two cocktail of the festival's cocktail parties, from £1,983 per person carlton-stmoritz.ch

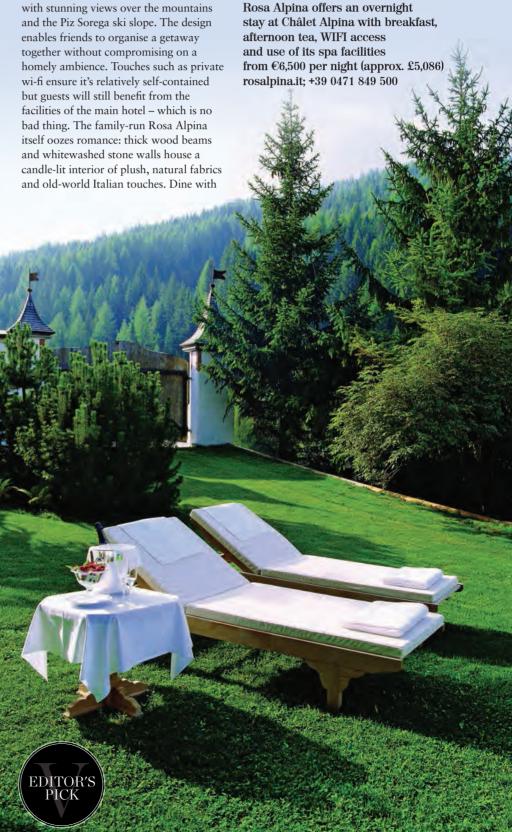


### ROSA ALPINA Dolomites, Italy

**BEST FOR:** Romance

Charm and contemporary luxury don't always go together but they fuse perfectly at the Dolomiti hideout Rosa Alpina. Launching this winter, its new Chalet Zeno is a three-bedroom suite with an emphasis on privacy. Its own lift and access gives way to a large living area with a cosy fireplace and an outdoor Jacuzzi with stunning views over the mountains and the Piz Sorega ski slope. The design enables friends to organise a getaway together without compromising on a homely ambience. Touches such as private wi-fi ensure it's relatively self-contained but guests will still benefit from the facilities of the main hotel - which is no bad thing. The family-run Rosa Alpina itself oozes romance: thick wood beams and whitewashed stone walls house a candle-lit interior of plush, natural fabrics and old-world Italian touches. Dine with

your loved one either at the two Michelinstarred St Hubertus restaurant or more casually at the Fondue Stuben or the Wine Bar. Also have a couples' treatment at the award-winning spa – its products are packed full of alpine herbs including fennel, geranium and mountain pine.







THE CHEDI Andermatt, Switzerland

**BEST FOR:** Romance

Minimalist luxury at its best, The Chedi's phenomenal spa, room design and access to the slopes make it a haven for couples. The treatments are the key: we recommend Balinese massages for him and her and a Chedi Love Bath Ceremony, which anywhere else could be a bit frightening but here will be heaven (love potion and fizz included). Don't leave without a good wallow in the Finnish sauna or the organic soil steam room and a dip in the outdoor pool. It has some of the best views in Switzerland.

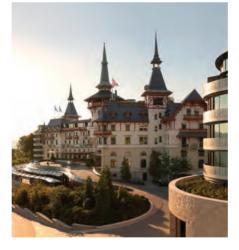
Ski Independence offers a 7-night stay from 17 January including flights and transfers for £1,739 per person ski-i.com

## THE DOLDER GRAND Zürich, Switzerland

BEST FOR: Design

The Dolder Grand has a fairytale look on the outside, contrasting its contemporary interiors. Architect Lord Norman Foster has designed two new wings housing a vast spa, with undulating glass panels echoing the shapes of the hills outside. The Foster wings complement the opulence of the main hotel, with ceiling frescoes and dazzling chandeliers – and then there's the private collection of art. The Dolder Grand houses more than 100 artworks from the private collection of shareholder and financier Urs E Schwarzenbach, with notable paintings and sculptures by Andy Warhol, Marc Quinn, Salvador Dalí, Sol LeWitt and Jean Dubuffet dotted around the premises - play your cards right and you might also get a private glimpse of some of the most high-value works, which are hidden away in secret enclaves. This makes the Dolder a mecca for art-lovers and the aesthetically-minded.

The Dolder Grand offers a 2-night stay including breakfast, a three course dinner and art tours of private collections based in Zürich from £980 per person thedoldergrand.com





#### NIRA ALPINA Silvaplana, Switzerland

BEST FOR: Design

Ten minutes from St Moritz, Nira Alpina is connected to the Corvatsch cable car station via a private walkway. This means a quick (15-minute) ascent to 3,300m, the highest point in the ski domain. It's a down-to-earth hotel, with excellent snow access, a kids' club and good food. Functionality is prized in this layered wooden building, so a glassed-in walkway leads to the aforementioned cable cars. Large, geometric windows fit with the structure's smooth, upward lines, flooding the place with sun and allowing for mega views of the lake-studded valley - an effect bolstered by big terraces and balconies for each room. Local materials such as Swiss spruce and slate tiles combine with glamorous flourishes such as cow-hide mats and chocolate leather chairs to keep the interiors comfortable and relaxing. This is a sleek, authentic retreat devoid of any pretentiousness.

Nira Alpina offers a 7-night stay in a family room including breakfast, ski passes, a carriage ride and sledge hire from CHF 3,715 (approx. £2,421) niraalpina.com

## THE CHALETS AT COUNTRY RESORT Hokkaido, Japan

**BEST FOR:** Jet-set

The ski resort at Niseko on Japan's sub-arctic island of Hokkaido has massive snowfall thanks to regular bouts of Siberian weather, resulting in a particularly light powder that piles up over its 280m of skiable range. At the resort of Niseko, you'll find awesome skiing, superb food and sophisticated service as well as a great excuse to travel around Japan and north-Eastern Asia. The Chalets at Country Resort are a cluster of elegant red hubs in a wooded valley just outside Hirafu village in the heart of Niseko, connected to the Hirafu slopes by a free shuttle service - the Annupuri and Hanazono slopes are a half-hour drive away. All the chalets have beautiful clean lines and



a minimalist Japanese style – we like Nagatoro (sheltered by silver birch trees and facing Mount Yotei) and the super-sleek, forest-surrounded Rishiri. Hokkaido's location – jutting into Siberian seas – makes it an ideal base for an extended trip to South Korea and Eastern China (direct flights to Seoul and Beijing from Sapporo, Hokkaido's main city, are between two and four hours).

Niseko Country Resort offers 7-night stays at the Nagatoro villa from JPY175,000 (approx. £978) nisekocountryresort.com





### FOUR SEASONS Wyoming, USA

**BEST FOR:** Jet-set

Repeatedly ranked within the top ten ski resorts in the US, Jackson Hole is not well known to European skiiers – which suits American devotees just fine. With the stunning Teton mountain range as its backdrop, newly jazzed-up facilities (including gleaming new ski lifts) and beautifully plentiful powder, this is a place for skiing, boarding and rafting, while avoiding the queues.

Four Seasons Resort Jackson Hole, from £361 per night fourseasons.com/jacksonhole

#### CHALETS HUSKY & JUPITER Val D'Isère

**BEST FOR:** Families

New to Val D'Isére is Chalets Husky & Jupiter. Sleeping 14 and with six en-suite bedrooms, Chalet Husky has a climbing wall, archery and rifle shooting range and an inhome spa complete with large pool, infinity waterfall, sauna, Jacuzzi and massage rooms. Chalet Jupiter sleeps up to eight people.

Scott Dunn offers 7 nights at Chalet Jupi from £1,275 per person including flights and transfers and a chef scottdunn.com; 020 8682 5050







ourneying to Nevis is an adventure in itself. The best way to reach its unspoiled sandy shores is via water taxi across The Narrows, a three-kilometre channel separating the island from the neighbouring St Kitts. Watching the coastline of St Kitts shrink away behind me is a welcome reminder that I'm heading for the heart of the Caribbean – to an island renowned for its relaxed and friendly atmosphere and its almost untouched way of life. The occasional splash of the warm, azure water across my toes as the boat crests and a particularly energetic wave washes away a day's air travel, and as we approach the drop-off point – a rickety, weather-worn pier – I notice how incongruous our suitcases appear piled high in squeaky wheelbarrows to be pushed over the sand. It's my first clue that the

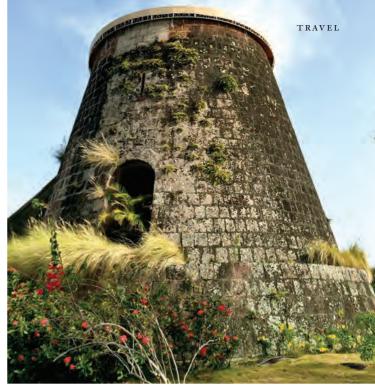
Nevisian ideas of luxury are going to agree very nicely with my own: peace, exclusivity and comfort rather than decadence and extravagance.

As I sink my feet gratefully into the warm sand, I gaze past the brightly coloured beach bars towards the rainforest-clad volcano beyond. At 3,232ft, Nevis Peak is the highest point on the island and its pinnacle is rarely visible through the clouds, although guided walking tours to the summit (for those looking for a little more action from their holiday) run most days during peak season. In fact, the island owes its name to these clouds, inspiring

the Spanish settlers in the early 1600s to call it 'Nuestra Señora de las Nieves' (Our Lady of the Snows) after a story of a Catholic miracle which caused snow clouds to gather over Esquiline Hill in Rome even in the heat.

Despite its lush scenery, tropical climate and enduring popularity with tourists from around the world, Nevis boasts only a handful of hotels and resorts, with many of these located in the old plantation houses strewn across the island. I'm staying at the Montpelier Plantation & Beach hotel, tucked away in the foothills of the volcano. The resort has a real sense of history; many of the original buildings from the sugar plantation built in 1687 have been repurposed to form the grand spaces of this peaceful and plush hotel. The plantation also hosted the nuptials of British hero Horatio Nelson and his Nevisian sweetheart Frances 'Fanny' Nisbet on 11 March 1787. We're greeted in the shadow of the beautiful fig tree with friendly hellos from the staff and welcomingly large glasses of the hotel's special rum punch. It certainly packs one.

After being shown to my accommodation – a well-appointed Plantation Room featuring plenty of crisp white linen, sweet-smelling flowers from the island's national plant, Flamboyant Tree, and a stunning view of the volcano – it's time to dress for dinner at Mill Privée, a one-of-a-kind private dining experience set inside the restored sugar mill. Stepping inside the candlelit space is a very atmospheric experience – I can see why it's a popular spot for proposals and couples •





Opposite page: The boat dock © Jennifer Mason This page, from top: The sugar mill at Montpelier Plantation & Beach Hotel © Jennifer Mason; Beach Villa Suite, Rainforest tour and Montpelier Plantation & Beach Hotel pool, all © Natalie Tkachuk, courtesy of Montpelier Plantation & Reach Newis









seeking a romantic evening. The flickering light on the old stone walls accentuate the feeling of being transported back in time, and although the ambience might be on the old-fashioned side, the food certainly isn't. We're here to sample executive chef Stéphane Caumont's gourmet five-course tasting menu, which includes plenty of locally caught seafood with a modern Franco-Caribbean twist and whets our appetites for the gourmet cooking lesson we'll be attending with Stephane in the morning. A suitably tipsy rum tasting lesson with a local expert follows (an experience

I highly recommend for anyone with a penchant for the island's tipple of choice) before it's time for a well-earned night's sleep. I drift off to the steady and comforting beat of a Caribbean rainstorm.

Having made a delicious breakfast of fresh local fruits, homemade pastries and the best passion fruit juice I've ever tasted, the morning sees our little gang suitably attired this hidden cove a surprise – it's a far cry from your typical five-star hotel's beachside set-up. What it is, though is an extremely secluded, totally unspoiled stretch of sand with stunning views that more than make up for the (surprising) lack of man-made comforts. Although true sun worshippers will find everything they need here – traditional huts for a bit of private shade, well-maintained facilities and a basic bar – plus miles of clear Caribbean waters and semivolcanic sand all to themselves.

For those not lucky enough to enjoy a private

beach, there are plenty of other beautiful spots on the island, if you're willing to search for them. Lovers' Beach is one of the most sought after – a secluded stretch of shoreline perfect for enjoying the weather in relative privacy. It's well off the beaten track. Pinney's Beach and Nisbet Beach are famous for their Hollywood film-esque views, although they're unsurprisingly very



## "The flickering light on the old stone walls accentuate the feeling of being transported back in time"

in Montpelier aprons, gathered round a bench in the hotel's spotless kitchen for a cooking lesson. I say cooking in the loosest sense of the word - after a few minutes we soon realise Stéphane's recipes call for something akin to alchemy. We're to make his signature cucumber and lemongrass gazpacho, which is served with a cucumber relish and citrus caviar. At first glance it doesn't sound like a lot of ingredients, and blending together the soup is simplicity itself - but forming the tiny, tart balls of citrus caviar calls for an altogether steadier and more experienced hand (not to be found among those of us who indulged in the rum tasting the night before). The gazpacho is cool and salty, and the citrus caviar highlights every mouthful with a tangy burst. Coupled with a main course of freshly caught and cooked local fish, and a delicious cocktail called a Montpelier Rainbow (one of the highlights of my trip) it's a satisfying repast and an excellent precursor to an afternoon of lazing around in the sunshine at the hotel's private beach.

Those expecting padded sun loungers, bar-to-bed service and expensive Egyptian cotton towels will find

busy during peak season (the former being home to the island's only resort – the ubiquitous Four Seasons). Those looking for a more vibrant scene should venture into one of the more populated areas near Sunshine's Beach Bar and Grill, a local hotspot and home to the famous Killer Bee cocktail. The recipe might be a closely guarded secret, but the effects on unsuspecting tipplers are legendary.

Whatever your holidaying pleasure, Nevis has something to offer everyone, which in my opinion is what makes it such a special destination. It's possibly the closest a modern traveller will come to a treasure island. It's the Caribbean of decades past, before the tourism business kicked off in earnest. It's a magical combination of deserted beaches and untamed jungle. It's paradise. The Montpelier Plantation & Beach Hotel has a saying: 'Quit your job, buy a ticket to Nevis,get a tan, fall in love, never return.' So tempting.

Top left and centre: Little House balcony and Mill Privée, both © Natalie Tkachuk, courtesy of Montpelier Plantation & Beach, Newis
Top right: Montpelier Plantation & Beach Hotel private beach © Jennifer Mason
Opposite page: Montpelier Plantation & Beach Hotel © Jennifer Mason



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### Marlborough Place, St John's Wood NW8

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Freehold

Guide price: £8,950,000

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### Marlborough Place, St John's Wood NW8

### Newly refurbished house in the heart of St Johns Wood

7 bedrooms (3 with en suite), sitting room, dining room, kitchen/breakfast room, library, family room, 2 guest WC's, 2 family bathrooms, laundry room, roof garden, balcony, garden room, garage, private parking. Planning for circa 3,000 sq ft in the basement. EPC F. Approximately 573 sq m (6,163 sq ft)

Freehold

Guide price: £17,500,000

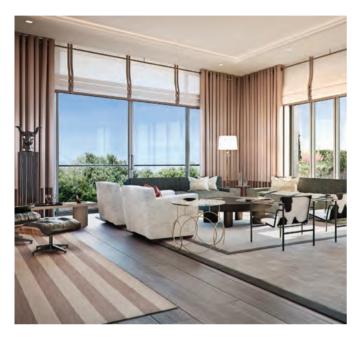
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# High Society

Nicknamed the One Hyde Park of W1, The Chilterns' penthouse suites offer the very best of luxury living in London says *Louise Rose* 



hile André Balazs sealed Chiltern Street's fate as one of the most stylish spots to be seen out and about in the capital, Frogmore and Galliard Homes have made it an equally desirable spot to call home with the launch of their flagship luxury residential apartments. The Chilterns, situated at 74-76 Chiltern Street in Marylebone, is built on a site that was once the home of Viscount François-René de Chateaubriand, and offers some of the finest homes in the West End. Just off Marylebone High Street, overlooking the greenery of Paddington Street Gardens and fronting onto Chiltern Street, you're just a stone's throw from the high street and its vast choice of top boutiques, delis, bars and restaurants.

Totalling 44 luxury residences, the six premium and penthouse spaces provide an abundance of inside and outside lateral living space as well as five-star services. The first of the two penthouses is priced

at £25m; a spectacular 7,566sq ft four-bedroom duplex located on the top two floors of the building, it provides 5,047sq ft of internal living space and 2,519sq ft of private roof gardens, the largest in the West End. On the top floor of the duplex is a grand reception room over 1,000sq ft in size that spans the entire depth of the apartment building and has a raised 3.8m-high coffered ceiling and floor-to-ceiling windows. Folding glass walls open onto three beautiful private rooftop terraces.

Priced at £12.575m, the second penthouse is a luxurious 3,962sq ft single-level three-bedroom residence providing 2,886sq ft of internal and 1,076 sq ft of external roof gardens. Sliding walls open to give access to a 12-seater dining room and there is also a spacious family kitchen and breakfast room with a separate utility room.

Set within the architecturally stunning sevenstorey glass and stone façade, other details include a striking stepped roofline, floor-to-ceiling windows with sun-shielding feature louvres and glass-fronted balconies. Lifestyle facilities are planned to include a signature restaurant with in-room chef and dining; private gymnasium and sauna; private cinema; 21 basement wine cellars with a wine tasting room; underground parking with valet; a lobby featuring photographs of the local area by David Bailey and a 24-hour hotel-style concierge service. Indeed, The Chilterns has earned its local nickname as the 'One Hyde Park' of W1.

Stephen Conway, chief executive of Galliard Homes, said: 'At The Chilterns we have combined luxury, technology, art and lifestyle amenities to achieve an outstanding level of quality. The Chilterns offering includes hospitality and leisure facilities, which when combined with exceptional homes creates the area's very best address and a superb investment for the future.'

For further information visit the show apartment and marketing suite at 11-15 Wigmore Street, W1 020 8418 1070; TheChilternsW1.com









# Be not afeard; the isle is full of noises

As speculation rages about the impact of the 2015 general election on the property market, Laurence Leigh and Elias Raymond explain why we should all keep calm

roperty is dinner table talk. That is the conclusion of a meeting with the team at Laurence Leigh Residential on an overcast morning in St John's Wood. Conversation has turned to the 2015 general election and the effect that it will have on the local property market, and as Elias Raymond explains, it is something that many people are already debating in dining rooms across the country. "At this time of year the property market traditionally slows down because people begin looking at the year ahead. With the approaching election it's natural that people are asking what influence it will have: now more than ever, the property market is seen as an indicator of the health of the economy. It is great that people are so passionate about it."

While Laurence himself admits that vendors tend to want to retain their homes at this time of year, resulting in relatively fewer properties available for sale compared with spring and summertime, the experience of the team means they are able to reassure anyone looking to move. "This is not unusual in the market. The first half of the year until July was fantastic and the market is always changing. It took a while for the market to recover from the increase in stamp duty and, similarly, it will recover from speculation about the imposition of mansion tax."

In spite of predictions that the Labour Party may introduce an annual levy on properties more than £2m if they enter government, it is therefore largely business as usual for the company. "Buyers in north- west London are always incredibly well-researched and therefore well-prepared for any changes," says Laurence. "We continue to see huge interest in properties that have been modernised. High-specification technology remains a popular request amongst would-be buyers. So-called 'turn-key properties', which are ready to move into, will generate interest at all times of the year."







Why are modernised properties more in demand than those that require renovating? "It's mainly due to finance," explains Elias. "You need additional funds to renovate a property, on top of the asking price, and banks are still very reluctant to lend the relatively significant funds required to allow the buyers to refurbish the properties. In addition, most overseas buyers, who still make up a large percentage of purchasers in central London, don't have the time or inclination required to take on a building project. If you look back over the years in central London, there is usually an increase however small - in property prices over the course of a year. Whilst there is always a bit of uncertainty before an election, we are confident that the market will continue to increase in the long-term.









The friendly robin is a familiar face around the garden, and knows its territory inside out. And, just like the robin, at Aston Chase seizing the initiative is crucial. After all, it's the early bird that catches the worm.



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HAMILTON TERRACE ST JOHN'S WOOD NW8

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An exceptionally presented ground and garden maisonette apartment of approximately 327sq m/3,525sq ft offered in immaculate condition. The apartment benefits from five bedrooms, substantial entertaining space with high ceilings, and a private 120ft south west facing landscaped garden.

#### ACCOMMODATION AND AMENITIES

Large principal bedroom with contemporary bathroom & dressing room, 4 further double bedrooms, private entrance, substantial reception rooms with high ceilings & ornate mouldings, kitchen/breakfast room, guest cloakroom, air conditioning to all principal rooms, entry phone, integral music system, designer garden, terrace, garden storage, residents parking. EPC=C.



### THE GLASS BUILDING CAMDEN NW1

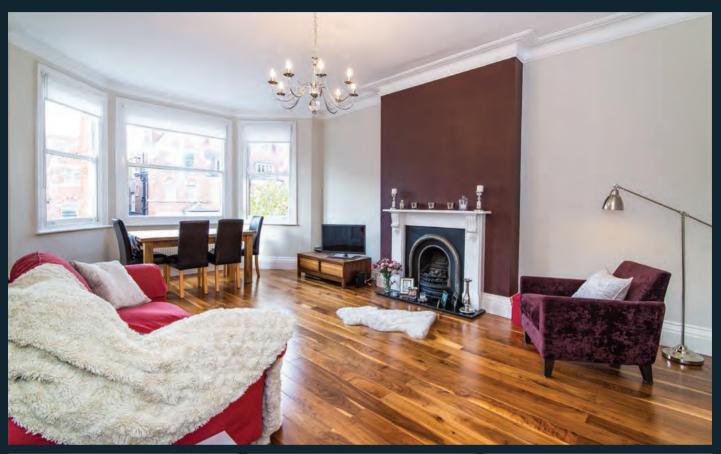
SHARE OF FREEHOLD GUIDE PRICE £3,500,000

JOINT SOLE AGENT

A stunning duplex penthouse apartment arranged over two floors (289sq m/3,113sq ft), designed and finished to the highest possible specification. Further benefitting from a large roof terrace, secure underground parking and a daytime concierge service, the apartment provides the very best of modern open plan living.

#### ACCOMMODATION AND AMENITIES

Principal bedroom suite, 3 further bedrooms, family bathroom, study, open plan reception area/sitting room, dining room and Tsunami kitchen, utility room, guest cloakroom, underground parking for 1 car (2nd space available by separate negotiation), concierge service, roof terrace, air conditioning, home cinema, underfloor heating. EPC=C.









### Langland Gardens NW3 £1,250,000

On this desirable Hampstead turning, a bright 2 double bedroom 1st floor apartment with spacious interior and access to nearby landscaped communal gardens. 1,069 sq ft/99 sq m 21' reception with bay 2 bedrooms, 2 bathrooms Wood flooring, period features Use of 4-acre communal gardens

Contact Belsize Park Office 020 7431 1234

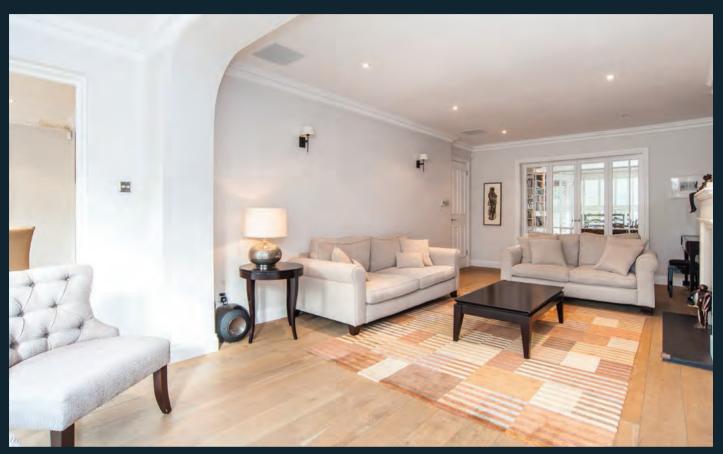
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## South Hampstead Conservation Area NW6

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## Belsize Square NW3 £1,225,000

A spacious garden apartment within a semi-detached stucco villa on a residential square in the heart of Belsize Park.

Full of period features, with French doors to a patio area and communal gardens beyond. 1,150 sq ft/107 sq m 20' reception 2 double bedrooms Private entrance Communal gardens

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### Belsize Park Gardens NW3

£2,600,000

A magnificent garden apartment within a stucco Belsize villa.

Entertaining areas include a 30' reception with circular bay, and conservatory-style dining room opening to the rear garden.

1,950 sq ft/181 sq m 30' reception 3 double bedrooms 2 bathrooms and dressing room Private entrance and garden

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# A SURVEYOR IN MARYLEBONE

It's been 33 years since Globe Apartments first opened its doors, making it one of Marylebone's oldest independent property firms. A team of 15, they specialise in residential lettings, management and sales, and portfolio management including serviced apartments. We caught up with managing director and founder, chartered surveyor Mark Wilson MRICS

What changes have you seen in Marylebone? When I started Globe in 1981, we were one of only a handful of agents serving Marylebone and residential lettings were not far off a cottage industry. Tenancies at that time were protected under the disastrous Rent Act 1977, which is something many agents now don't even know existed.

Marylebone was a 'sleepy' area and the major local landlords ran their estates in a very laissez-faire manner compared with today when their assets are fully exploited.

They might be remembered as the 'good old days', but the property market, both for lettings and sales, was far less regulated. This lack of regulation sometimes made life difficult for consumers.



Fast forward to 2014 and there is an agent on almost every street corner, and Marylebone has become an über-cool, property hotspot. As I say to my kids, "If you only knew how cheaply I could have bought that building once upon a time...."

What's the secret to Globe's longevity? The efficiency of what I like to call the 'back office' is vital – it's our engine room. To the outsider it is neither glamorous nor glossy, two words synonymous with modern day estate agency. However, with the financial side of the business headed by a chartered accountant and with RICS' (Royal Institution of Chartered Surveyors) regulation of the firm, we can justify saying that our clients are in safe hands.

We set the bar high, which is why we have managed to retain a loyal client base for over two decades. Our approach is up-front and personal, and our style is to respond in an open and transparent manner. From my own experience, service levels from small businesses such as ours tend to be higher than those of larger or more traditionally corporate organisations.

The team are encouraged to be creative thinkers and to adopt a proactive, problem-solving approach. Being good at our job means always striving for the best possible outcome. And for some of the long standing members of the team, they have been known to, on occasion, put a 'square peg through a round hole'. If you put it all together, it's all about team work.

What's the next challenge?

However competitive the marketplace, we are always looking for potential new openings. One initiative has been the opening of Globe's sister firm, myleasehold, who as chartered valuation surveyors specialise in residential lease extensions and freehold purchases. I was very proud that last year myleasehold were named Valuers of the Year in the Enfranchisement and Right to Manage Awards 2013.

The immediate future is dominated by talk of the mansion tax – we are already getting worried property owners coming to us for advice and guidance. Dependant on the political will of such a move, as chartered surveyors, we are ideally placed to respond.

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LEASEHOLD SOLE AGENTS GUIDE PRICE £1,750,000







### Hamilton Court, Maida Vale W9

A delightful three bedroom apartment (1,119 sq ft / 104 sq m) on the third floor of this well maintained portered block moments from Maida Vale underground station (Bakerloo line). This spacious apartment benefits from an impressive double reception, underground parking space and passenger lift.

#### £1,299,999 Share of Freehold



### Balmoral Court, St John's Wood NW8

A delightful two double bedroom apartment (1,193 sq ft / 111 sq m) on the third floor of this prestigious modern block in the heart of St John's Wood. Balmoral Court is superbly located close to all local amenities including the shops and cafes on St John's Wood High Street and underground station.

£1,835,000 Leasehold



### Aberdeen Court, Maida Vale W9

An excellent three/four bedroom apartment (1,353 sq ft / 125 sq m) situated on the fifth floor of this mansion block in Little Venice. The apartment would benefit from some cosmetic updating and offers a buyer tremendous potential to create a delightful family home.

#### £1,499,950 Leasehold



### Carlton Hill, St John's Wood NW8

A stunning newly refurbished three double bedroom, two bathroom apartment (1,804 sq ft / 167 sq m) situated on the second and third (top) floors of this elegant detached period house. This bright and contemporary apartment has been refurbished to an excellent standard.

### £2,195,000 Share of Freehold





### The Yoo Building, St John's Wood NW8

An absolutely spectacular two double bedroom duplex penthouse apartment (1,952 sq ft / 181 sq m) situated on the fifth and sixth floors of this modern apartment building originally inspired by the world renowned Philippe Starck. The apartment has been refurbished to quite breathtaking effect.

£2,250,000 Leasehold



### Hanover Gate Mansions, Regents Park NW1

A delightful four bedroom, three bathroom, apartment  $(2,247sq\ ft\ /\ 209\ sq\ m)$  located on the third floor of this period mansion block. This bright and spacious apartment features well planned and proportioned living accommodation and benefits include high ceilings, balcony, lift, and a reserved off street parking space.

£3,175,000 Share of Freehold



### Middlefield, St John's Wood NW8

A four bedroom modern townhouse located in this private road offering spacious accommodation over three floors, a private rear garden and single garage. The house is presented in good decorative condition throughout and is available chain-free.

£2,425,000 Freehold



#### Sutherland Avenue, Maida Vale W9

A stunning four double bedroom, three bathroom detached Victorian house (3,444 sq ft / 320 sq m) offered in excellent condition. The house offers fantastic entertaining space including a wonderful kitchen/breakfast room and gated off-street parking.

£5,950,000 Freehold

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### Goldhurst Terrace, South Hampstead, NW6

A magnificent and well proportioned, double fronted Victorian house situated on this desirable road in South Hampstead. The house, which boasts an abundance of period features including wonderful high ceilings and feature fireplaces, is arranged over three floors and comprises approximately 3900 sq ft/362 sq m of internal accommodation. There is a magnificent 120ft/36m south facing rear garden and a front driveway with off street parking for up to five cars. The property is conveniently located for numerous local schools, the O2 Centre and both Finchley Road and West Hampstead tube stations (Jubilee Line) are close by. EPC – E

Freehold

Asking Price: £3,750,000 Sole Agent

# King of the Hill

Marc Schneiderman, director of Arlington Residential, discusses property in Primrose Hill

ne of the most unspoiled and understated parts of London, Primrose Hill has long been one of the most coveted areas to live in the capital for its architecture, community and geography. With buzzy Camden, sophisticated St John's Wood and Regent's Park nearby, you're also just a stone's throw from Marylebone High Street and the West End.

Among the houses of Primrose Hill are numerous studio and warehouse spaces that over the past 20 years have been

adapted from commercial to residential use. Chalcot Square, with its elegant stucco-fronted houses, and Ainger Road, with its red brick Victorian structures, are two of my favourite spots in the areas. The real jewels in the crown, however, are the detached houses on Elsworthy Road that have large gardens with gates leading directly onto Primrose Hill park. There are only a few of these houses; the last time one became available was last year, and it was subsequently sold by my firm. It was the first time the house had been available

in 80 years and it was sold with a guide price of £20m.

Another particularly popular location is Meadowbank which boasts a development of town houses within 100 yards of Primrose Hill Park, right near the shops, cafés and boutiques of Regents Park Road. We have sold several town houses in the past couple of years within this development and currently have two houses for sale there.

One of these properties is available for £3.75m; it offers 2,750 sq ft of accommodation and directly overlooks Primrose Hill. The stylish and well-proportioned property comprises a large double reception room, kitchen/breakfast room with separate dining room opening onto a terrace, a master bedroom with an en-suite bathroom leading to a private roof terrace and three further bedrooms each with en-suite facilities. It also has the rare benefit of an integral garage and off-street parking for two cars, as well as consented local authority planning permission to enlarge the house.

The second house is available at £2.495m. Situated in a quiet private road just 50m from Primrose Hill park, this three-bedroom, two-bathroom townhouse also boasts a kitchen/diner with a lightfilled conservatory leading to a charming patio garden. A large first floor reception room opens onto a spacious roof terrace. and there are two further double bedrooms on that floor together with a bathroom and an additional guest toilet. On the second floor is a generous master bedroom with an en-suite bathroom and another roof terrace that enjoys extensive views. Additional benefits include loft storage, an integral garage, additional off-street parking and access to communal gardens.

The high-profile residents of the area have been well publicised and my firm has represented several celebrity buyers and sellers over the years. But I certainly do not intend to name them. Discretion is one of the reasons they keep coming back.

Arlington Residential 8 Wellington Road, NW8 020 7722 3322; arlingtonresidential.com



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